

PSY 1010, sec. 005: Principles of Psychology

University of Toledo

(Spring 2016)

- ✦ **Instructor:** Stephen Christman
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- ✦ **Class meeting times and location:** Mon-Wed, 11:00 am - 12:15 pm; DC1019
- ✦ **Office:** UH5018C (phone: 530-4684; email: stephen.christman@utoledo.edu)
- ✦ **Office hours:** Tues & Thurs 1:00 pm-3:00 pm (& by appointment)
- ✦ **Text:** *Psychology: From Inquiry to Understanding*, 3rd edition, by Lillienfeld et al.

Date	Topic	Chapter
Jan 11	Science and history of psychology	1, 2
Jan 13	Biological bases of behavior	3
Jan 18	<i>NO CLASS: MLK Day</i>	
Jan 20	Biological bases of behavior, cont'd	3
Jan 25	Left brain, right brain	
Jan 27	Left brain, right brain, cont'd	
Feb 1	Sensation and perception	4
Feb 3	Sensation and perception	4
Feb 8	States of consciousness	5
Feb 10	Learning and conditioning	6
Feb 15	Exam I (chs. 1-6)	
Feb 17	Memory	7
Feb 22	Thinking, Reasoning, and Language	8
Feb 24	Intelligence and IQ Testing	9
Feb 29	Life-span development	10
Mar 2	Life-span development	10
Mar 7	<i>NO CLASS (Spring Break)</i>	
Mar 9	<i>NO CLASS (Spring Break)</i>	

Date	Topic	Chapter
Mar 14	Motivation and emotion	11
Mar 15	Motivation and emotion, cont'd	11
Mar 21	Exam II (chs. 7-11)	
Mar 23	Stress and health psychology	12
Mar 28	Social psychology	13
Mar 30	Social psychology, cont'd	13
Apr 4	Social psychology, cont'd	13
Apr 6	Personality	14
Apr 11	<i>NO CLASS</i>	
Apr 13	Personality, cont'd	14
Apr 18	Psychological disorders	15
Apr 20	Psychological disorders, cont'd	15
Apr 25	<i>NO CLASS</i>	
Apr 27	Psychological and Biological Treatments	16

FINAL EXAM (chs. 12-16): Friday, May 6, 10:15 am - 12:15 pm

Grading: Exams are graded on the basis of a modified curve that will be explained in class. Each of the three exams will be worth one third of the final grade. Exams will consist of (mostly) multiple-choice questions, along with one or two short answer questions. The final exam will *not* be cumulative, and will feature an extra-credit essay question. All students are also required to complete five hours of experimental participation; details about this requirement will be provided during the first week of classes.

COURSE INFORMATION

Course Description: A survey of the branches of psychology and the scientific approach to the study of behavior. Given the importance, complexity, and variability of the brain, mind, and society, we be touching on a very wide range of topics, from the workings of individual brain cells to the way our minds process information, the variety of mental illnesses, and the nature of our social interactions. It is hoped that this material will help deepen your understanding and appreciation of other courses you will take at UT, from biology and sociology to history and philosophy.

Student Learning Outcomes: This course fulfills a General Education and Core Curriculum requirement at the University of Toledo.

Prerequisites and Corequisites: None

University Policies: The University is an equal opportunity educational institution. Please read *The University's Policy Statement on Nondiscrimination on the Basis of Disability Americans with Disability Act Compliance*.

Academic Accommodations: The University of Toledo is committed to providing equal access to education for all students. If you have a documented disability or you believe you have a disability and would like information regarding academic accommodations/adjustments in the course, please contact the Student Disabilities Services Office at 419.530.4981.

Attendance: Attendance is not mandatory. The instructor's view is that this is no longer high school, and it is now up to college students to manage their time responsibly and effectively. However, regular attendance is HIGHLY recommended. Our textbook covers a very large amount of material, only some of which will end up being covered on the exams. The content of lectures will provide students a strong guideline for distinguishing between the critical material covered in lecture that will constitute the bulk of exam questions and other, secondary material that will not be covered in lecture and will constitute a small percentage of exam questions. Also, the instructor does not simply "lecture out of the book". By attending lectures regularly, students will be able to learn about the material both from the way the book presents it and from the alternate way in which the instructor presents it.

Make-up policy: In general, make-up exams are NOT allowed. If you have a valid medical or personal excuse AND you inform the instructor of your absence BEFORE the exam, then arrangements for a special *essay* make-up exam can be made.

Policy Statement on Academic Dishonesty:

Academic dishonesty by students enrolled in this course and others offered by the Department of Psychology will not be tolerated. Academic dishonesty includes, but is not limited to:

- obtaining or attempting to obtain a copy of an examination prior to its administration
- the unauthorized use of study material or textbooks during an examination
- obtaining unauthorized assistance from and/or giving unauthorized assistance to another individual during an examination or completion of an assignment
- plagiarism in written assignments, which includes (i) using, copying, or paraphrasing another author's materials without appropriate acknowledgement through quotation and citation, (ii) unauthorized collaboration in the preparation of reports, term papers, or theses.

In accordance with the Policy Statement in the University Catalog, instructors have the responsibility and right to bring cases of alleged dishonesty to department, college, and university administrative units. Students involved in academic dishonesty may expect to receive a grade of F on specific assignments, as well as in the course where the assignment is made.

Psychology Research Exposure

To introduce students to the research methodology of psychology, all students in Principles of Psychology (PSY 1010) at the University of Toledo must accumulate 4 units of research credit during the semester.

Students failing to do so will automatically be given a grade of Incomplete (I) for the course. These 4 units of research credit may be obtained in any combination of two different ways: (1) participating in psychology experiments and/or (2) writing research reports. Students may be able to earn additional points (i.e., extra credit) by participating in additional research experiments or writing additional reports. The decision to offer any extra is under the discretion of the course instructor.

Participation in Psychology Experiments: Students earn research credit based on the duration of each research session. For example: A session that lasts 30 minutes or less is worth one-half (0.5) credit. A session that lasts between 31 and 60 minutes is worth one (1.0) credit. A session that lasts between 61 and 90 minutes is worth one (1.5) credit. And so on...

To sign up for an experiment, you will need to login to the psychology department's research sign-up system on the internet (<http://utoledo.sona-systems.com/>). To access your account, simply type in the user ID and password that were emailed to you at the beginning of the semester. If this does not work for you (e.g., if you've added the course after the semester began), you may need to request a new account on the bottom left hand of the front page.

If it is necessary for you to miss an appointment because of illness or some other emergency, you must cancel your appointment at least **2 hours before** the experiment. All cancellations must be done via the department's research web page. If you miss a scheduled appointment without canceling or contacting the experimenter, your absence will be designated an "unexcused no show". If you fail to show up (i.e., you are designated an "unexcused no show") for 3 experiments, you will lose your privilege to sign up for additional experiments and be prompted to contact the system administrator. If an experimenter fails to show up for a session but you do not, you will still receive credit for participating. If this happens, you must wait at least 10 minutes and then contact the Research Coordinator at: psychresearch@utoledo.edu.

Writing Research Reports: Each report (worth 1 unit of research credit) will be based on a scientific article in a psychology journal that is pre-approved **by the instructor**. Each paper should be no more than 2-3 pages in length and will be judged on the basis of clarity, spelling, grammar, and content. You are to summarize and critically evaluate the article by:

- Identifying the purpose of the study (why did the authors conduct this study)
- Stating the hypotheses in the study
- Summarizing in sufficient detail the method used (procedure, materials, and participants)
- Reporting the results from the study and the general conclusions

Empirical articles must be obtained through Google Scholar or PsycINFO. To locate PsycINFO, go to:

OhioLINK

Then, click the following links:

Library Databases

Listed by name, P-Q

Scroll down to PsycINFO 1967- (present)

Empirical articles may be on any psychological topic you choose, but they must be an original scientific study (not a review article). Ideally, you should select a few before you submit them to your instructor for approval just in case one (or more) is not approved.