Course Syllabus

Title: Abnormal Psychology – PSY 2200: Section 002

Term: Spring 2012

Tuesdays and Thursdays: 2:00-3:15pm

Location: Bowman-Oddy Laboratories – Room #1053

Credit Hours: 3

Instructor: Jon Elhai, Ph.D. | TA: Josh Eblin

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Office Hours: Thursdays: 1-2pm Tuesdays: 11:15am-12:15pm

University Hall (UH) – Room #1370 | (or by appointment) (UH #1550)

Additional

Contact Info: The TA is primarily responsible for grading and should be the first point of contact for

grading, exam and course content issues. Do NOT call or email the TA or instructor

about missed class sessions. Attendance will not be recorded.

Required Text: Beidel, D. C., Bulik, C. M., & Stanley, M. A. (2012). Abnormal psychology (2nd Ed.). New

York: Pearson, ISBN: 020524842X (This ISBN offers the book packaged with

MyPsychLab web-based access to the textbook and study materials; if you want access to

these features, do NOT purchase the book under any other ISBN)

Course Description:

Disordered human behavior; its etiology, classification and treatment. Consideration of different theories.

Prerequisite: PSY 1010

Learning Objectives:

- 1. Students should specify ways in which abnormal behavior has been classified over time.
- 2. Students should state several of the possible causes of mental disorders.
- 3. Students should identify the primary methods of clinical assessment and treatment of mental disorders.
- 4. Students should describe the clinical features and treatment of the mental disorders, including: stress disorders, anxiety disorders, mood disorders, somatoform/dissociative disorders, personality disorders, substance use disorders, psychotic disorders, brain/cognitive disorders.

Course Policies and Procedures

1. <u>Attendance</u>: It is the responsibility of each student to attend all classes, take all exams, and turn in all assignments on time. <u>However, attendance will not be recorded.</u> Please do not arrive late to class! Students who consistently arrive late will be asked to not return to class.

<u>a. Classroom Environment</u>. It is expected that the classroom environment will be peaceful and respectful. Since it is distracting to have students use electronic devices in class (for placing or receiving calls and/or text messages and email), all **electronic device use in class is prohibited (e.g., cell phones, computer, etc.)**. Students who use cell phones in class will be asked to leave class, have their device confiscated, and/or deducted a letter grade.

<u>b. Buddy System</u>. It is the student's responsibility to find a partner/buddy in class early in the semester. If the student misses a lecture, s/he can consult with their buddy to borrow class notes. **Do NOT call or email the TA or instructor about missed class sessions, since attendance will not be recorded. After a**

missed lecture, the Instructor will not be able to meet with the student to review what transpired in class; lecture notes will not be provided to the student by the Instructor.

2. <u>Exams</u>: There will be four non-cumulative exams, each consisting of multiple choice questions. **Exam material will be taken primarily from the textbook**. Each of the four exams is worth 25% of your final course grade. **No makeup exams will be given!**

If you have taken all four exams, and wish to improve your course grade, you may take an optional, cumulative final exam. The final exam will occur during finals week, at the scheduled final exam period. This final can only help your grade (by replacing your lowest exam grade, only if it doesn't hurt your final course grade). Although the final exam is optional, you *must* take the final exam if you missed any of the other exams.

Study guides will not be provided to students. Students who wish to have extra course materials to help them study may use the textbook's study materials found at MyPsychLab (mypsychlab.com). Access to MyPsychLab comes free with the book (only if purchased using the exact ISBN noted above); register for an account and enter the access code provided with the book. Otherwise, access can be purchased at mypsychlab.com. Course ID is: elhai32932

3. Grading:

| Grading scale | | | | | | | |
|---------------|--------|----|-------|----|-------|--|--|
| Α | 93-100 | A- | 90-92 | B+ | 87-89 | | |
| В | 83-86 | В- | 80-82 | C+ | 77-79 | | |
| C | 73-76 | C- | 70-72 | D+ | 67-69 | | |
| D | 63-66 | D- | 60-62 | F | < 60 | | |

No other grades will be given except as noted above. If the student is doing poorly in the course, it is the student's responsibility to drop or withdraw from the course before the appropriate deadline. If it is too late to drop or withdraw from the course, a mark of "Incomplete" will not be assigned; rather the student will be assigned the actual grade earned.

4. Extra Credit:

Extra credit may be earned by participating in research experiments. To find studies in which to participate, visit the following website (UT's Sona Systems portal) during the first week of classes and register for a username and password (if you have already done so in a previous course, you must log on again to reactivate your account): http://psychology.utoledo.edu/showpage.asp?name=researchRequire

Every 1 Sona Systems credit of experiment participation will earn one extra percentage point added to your final course grade (e.g., obtaining 2.5 Sona Systems credits translates to 2.5 percentage points added to your final course grade). No more than five Sona Systems credits may be assigned to this course. While you may participate as late as the last week of classes, you are **highly encouraged** to start participating ASAP – as the semester continues, experiment availability may decrease.

Another option for earning extra credit: you may write a 1-2 page review and critique of a psychology journal article (each review is worth 1 Sona Systems credit). Acceptable journal articles must: a) be published *this year*; and b) be published by the American Psychological Association (APA). For a list of journals published by APA, see the following website and select "Browse By Title" or "Browse By Subject" at the left: www.apa.org/journals (Note that UT's Library carries all of these journals via fulltext on their website: Visit http://www.utoledo.edu/library, and select "Online Journals" at the left). Papers must be typed with a 12 pt. font, double-spaced, with 1 inch margins, and are due by Thursday April 26. Submit papers by e-mail to both the TA AND Instructor (along with an electronic version of the article). Late papers will not be accepted. YOU MUST STILL REGISTER WITH UT SONA SYSTEMS IN ORDER TO SUBMIT ARTICLE REVIEWS – THE INSTRUCTOR WILL ASSIGN YOUR CREDITS IN YOUR UT SONA SYSTEMS ACCOUNT.

5. <u>Academic Honesty</u>: Department of Psychology Statement on Academic Honesty - Academic honesty is expected from students enrolled in courses and programs offered by the Department of Psychology; violations of this expectation will not be tolerated.

Violations of the expectation of academic honesty include, but are not limited to:

- * Obtaining or attempting to obtain a copy of an examination prior to its administration.
- * The unauthorized use of study material or textbooks during an examination.
- * Obtaining unauthorized assistance from and giving unauthorized assistance to another individual during an examination or completion of an assignment.
- * Plagiarism in written assignments. Plagiarism includes: (a) using, copying or paraphrasing another author's materials without appropriate acknowledgment through quotation and citation; (b) unauthorized collaboration in the preparation of reports, term papers, or theses.

In accordance with the Policy Statement in the University Catalog, instructors have the responsibility and right to bring cases of alleged dishonesty to department, college, and university administrative units. Students involved in academic dishonesty may expect to receive a grade of F on specific assignments, as well as in the course where the assignment was made.

Student Behavior - Students are expected to follow University policy with regards to proper conduct in the classroom, as detailed in the University of Toledo Student Handbook (See http://www.utoledo.edu/studentaffairs/dos/ for details.) Disciplinary action for violation of these policies will be decided on a case by case basis and will be in accord with University policy.

- 6. Class Communication: the Instructor will communicate to students by email about class announcements, changes to the course schedule (including class cancellations), and grades. It is the student's responsibility to check their UT email account daily for such announcements.
- 7. Additional Ground Rules: 1) Grade disputes must be submitted in writing in order to be considered. 2) Grievances about the course and/or TA or instructor should be brought up with that individual first in order to resolve the matter, prior to discussing the matter with the department/university's administration.

At the end of the semester, students will be given the opportunity to evaluate this course and instructor using course evaluation forms. Some students also prefer to evaluate the course/instructor at external websites that focus on instructor evaluations. Just as the instructor does the courtesy of assigning final course grades only after all exams and assignments are completed, I ask that students return that courtesy by evaluating the course/instructor only after the course is complete.

8. Office of Accessibility. Students registered with the Office of Accessibility for a disability must discuss possible accommodations with the Instructor during the first week of class in order to allow such accommodations to occur. All paperwork for all of the semester's five exams must be submitted to the Instructor during the second week of the course in order to allow accommodations.

J. Elhai – PSY 2200 Syllabus 4 **Schedule of Classes and Readings** (The assigned chapter should be read <u>before</u> each class)

| Date | Sch | Required Readi | ing Lecture Topic | | |
|------|------|--------------------|--|--|--|
| T | 1/10 | None Negured Reads | Introduction | | |
| Th | 1/10 | Chapter 1 | Historical Viewpoints of Abnormal Psyc. | | |
| T | 1/12 | Chapter 2 | Research Methods and Etiology | | |
| Th | 1/17 | Chapter 3 | Assessment | | |
| T | 1/24 | None | Treatment and Movie | | |
| Th | 1/26 | None | Review/Catch-up | | |
| T | 1/31 | 110110 | EXAM 1 | | |
| Th | 2/2 | Chapter 4 | Panic/Anxiety Disorders | | |
| T | 2/7 | Chapter 4 | Panic/Anxiety Disorders (Movie) | | |
| Th | 2/9 | Chapter 4 | PTSD | | |
| T | 2/14 | Chapter 6 | Mood Disorders | | |
| Th | 2/16 | Chapter 6 | Mood Disorders | | |
| T | 2/21 | Chapter 6 | Mood Disorders (Movie) | | |
| Th | 2/23 | | EXAM 2 | | |
| T | 2/28 | Chapter 5 | Somatoform/Dissociative Disorders | | |
| Th | 3/1 | 1 | NO CLASS (INSTRUCTOR ATTENDING CONFERENCE) | | |
| T | 3/6 | | NO CLASS (SPRING BREAK) | | |
| Th | 3/8 | | NO CLASS (SPRING BREAK) | | |
| T | 3/13 | Chapter 11 | Personality Disorders | | |
| Th | 3/15 | Chapter 11 | Personality Disorders (and Movie) | | |
| T | 3/20 | Chapter 9 | Substance-related Disorders | | |
| Th | 3/22 | None | Review/Catch-up | | |
| T | 3/27 | | EXAM 3 | | |
| Th | 3/29 | Chapter 10 | Schizophrenia/Delusional Disorder | | |
| T | 4/3 | Chapter 10 | Schizophrenia (Movie) | | |
| Th | 4/5 | Chapter 10 | Schizophrenia (Movie) | | |
| T | 4/10 | Chapter 10 | Schizophrenia (Movie) | | |
| Th | 4/12 | Chapter 13 | Brain Disorders | | |
| T | 4/17 | Chapter 12 | Child/Adolescent Disorders | | |
| Th | 4/19 | Chapter 15 | Contemporary Issues and Review/Catch-up | | |
| T | 4/24 | | EXAM 4 | | |
| *Th | 4/26 | | REVIEW SESSION FOR FINAL EXAM | | |
| F | 5/4 | | FINAL EXAM (12:30-2:30pm) | | |

^{*} Last day to complete extra credit assignments (due by 12:00pm).

Note: This syllabus may be appended by the instructor if necessary. Students are responsible for any changes made.