

Master of Arts in Recreation and Leisure
Emphasis: Recreational Therapy or Recreational Therapy & Therapeutic Arts

Department of Public Health and Rehabilitative Services

I. Prerequisites

A student who does not have a bachelor's degree in Recreational Therapy or Therapeutic Recreation will have to complete up to 64 hours of certification coursework depending on classes completed as part of their undergraduate degree. Twenty-seven of the 64 hours can be taken at the graduate level and would be included in the 36 graduate hours needed to complete the Master's of Arts degree. A student will need two academic years and one summer to complete their degree program and prerequisite courses. See Appendix A for an outline of the prerequisite courses. A student must complete all undergraduate prerequisite courses with a B- or higher grade and all graduate prerequisite courses with a B or higher grade. See Appendix B for the Two-Year Plan of Study.

A student who has completed a bachelor's degree in Recreational Therapy or Therapeutic Recreation will need one academic year and one summer to complete their Master's of Arts degree. See Appendix C for the One-Year Plan of Study.

II. Research Core - 9/12 Hours Credit

1. Research Foundations (3-6 Hours) If Project or Thesis is selected to complete the Culminating Experience 1 each from (A) Research Design and (B) Research Statistics is required. If Internship is selected to complete the Culminating Experience, 1 course from either (A) Research Design or (B) Research Statistic is required).

A. Research Design

RESM 5310	Introduction to Educational Research	3
AED 5000	Action Research in Art Education	3
SOC 5270	Sociology Research Methods	3
RCRT 5420	Leisure Program Research Techniques	3

B. Research Statistics

SOC 5290	Sociology Research Statistics	3
RESM 5110	Quantitative Methods I	3
HEAL 6750	Applied Biostatistics	3

C. Research Culminating Experience (3-6 Hours)

i. Internship Option:	RCRT 5940/6940 Internship	6
ii. Project Option:	RCRT 6920 Master's Project	3
iii. Thesis Option:	RCRT 6980 Master's Thesis	6

III. Recreation/Recreational Therapy Core - 6 Hours (select from)

RCRT 6000	Issues & Trends in Recreation/Recreational Therapy	3
RCRT 6020	Financial Resources of Recreation & Recreational Therapy	3

IV. Concentration Electives - 12-15 Hours

RCRT 5300	Recreation and Adaptation for Special Education	3
RCRT 5210	Leisure and Popular Culture	3
RCRT 5320	Administration in Recreation and Recreational Therapy	3
RCRT 5410	Park and Recreation Planning	3
RCRT 5420	Leisure Program Research Techniques	3
RCRT 5600	Foundations of Creative Arts Therapy	3
RCRT 5610	Adventure Therapy Programming	3
RCRT 5940	Internship	1-6
RCRT 6920	Master's Project in Recreation and Leisure	1-4
RCRT 6930	Seminar in Recreation and Leisure	1-3
RCRT 6940	Internship	1-4
RCRT 6990	Independent Study in Recreation and Leisure	
	1-3	
AED 5220	Foundations in Therapeutic Art	3
AED 5240	Adaptive Methods in Therapeutic Art for Children	3
AED 5280	Therapeutic Art for Adult Populations	3
AED 5300	Media and Methods in Therapeutic Art	3

V. General Electives (approved by advisor to accommodate a total of 36 hours) 3-6

TOTAL 36

06/03

**Appendix A
Prerequisite Form**

Grade	Title of Course	Credit Hours
_____	KINE 2560 Anatomy & Physiology	3
_____	PSY 2510 Developmental Psychology Lifespans	3
_____	PSY 2200 Abnormal Psychology	3
_____	HEAL 1800 Medical Terminology	3
_____	Psychology/Counseling Course: _____	3*
_____	Psychology/Counseling Course: _____	3*
_____	RCRT 4600-4690 RT Interventions (10 needed)	10
_____	RCRT 4720 Introduction to Therapeutic Recreation	3
_____	RCRT 4730 Medical & Clinical Aspects of Therapeutic Recreation	3
_____	RCRT 4740 Assessment & Documentation in Therapeutic Recreation	3
_____	RCRT 4750 Group Dynamics in Recreational Therapy	3
_____	RCRT 4790 Medical & Clinical Aspects of Therapeutic Recreation II	3
_____	RCRT 5300 Recreation & Adaptation for Special Populations	3*
_____	RCRT 5600 Foundation of Creative Arts Therapy	3*
_____	RCRT 5610 Adventure Therapy Programming	3*
_____	RCRT 5940 RT Clinical Internship (6 population groups 360 contact hrs)	6*
_____	RCRT 6940 RT Certification Internship (12 weeks/480 contact hrs)	6*

* Classes which can be completed at the graduate level and would be included as part of Sections II-C, IV and V.

Appendix B

Two Year Plan of Study

Year One

Fall		Spring	
RCRT 4720 Introduction to Therapeutic Recreation	3	RCRT 4740 Assessment & Documentation in TR	3
RCRT 4730 Medical & Clinical Aspect in TR	3	RCRT 4790 Medical & Clinical Aspects in TR II	3
RCRT 5610 Adventure Therapy Programming	3	RCRT 4750 Group Dynamics in Rec Therapy	3
Undergraduate Prerequisite Support Course	3	RCRT 5600 Foundations Creative Arts Therapy	3
RCRT 4600-4690 RT Interventions	<u>5</u>	RCRT 4600-4690 RT Interventions	<u>5</u>
	17 hrs		17 hrs

Summer

RCRT 5940 (3 populations)	3
Undergraduate Prerequisites Support Course(s)	<u>0-9</u>
	3-12 hrs

Year Two

Fall		Spring	
RCRT 6000 or 6020	3	RCRT 6000 or 6020	3
Research Course	3	RCRT 5300 Recreation & Adapt for Spec Pops	3
Concentration Elective	3*	RCRT 6940 Certification Internship in RT	<u>6</u>
General Elective	3*		12 hrs
RCRT 5940 (3 populations)	<u>3</u>		
	15 hrs		

* Can be used to complete prerequisite psychology or counseling courses

Appendix C

One Year Plan of Study

Fall		Spring	
RCRT 6000 or 6020	3	RCRT 6000 or 6020	3
Research Course	3	Concentration Electives	3
Concentration Electives	6	General Electives	6
RCRT 6940 Supervision Internship	<u>3</u>	RCRT 6940 Supervision Internship	<u>3</u>
	15 hrs		15 hrs
Summer			
	Concentration Electives		<u>6</u>
			6hrs