

University Health Services

UNIVERSITY HEALTH SERVICES

Description of Student Health Insurance Plan

Health Requirements

The University of Toledo Health Science Campus requires all UTHSC students to have health insurance, and all students must enroll in, and will be charged for, the UTHSC-sponsored health insurance plan unless they request and are granted an approved waiver.

The UTHSC-sponsored health insurance plan is a comprehensive Preferred Provider Plan that has been designed specifically for UTHSC students and their dependents (spouse and/or children) by Health Sciences Assurances Consulting, Inc. (HSAC) and is underwritten by Medical Mutual of Ohio (MMOH) Insurance Company. With an emphasis on wellness, the plans with Medical Mutual of Ohio were designed to include annual routine physicals, immunizations, vision benefit, and well child care. Students will have the option of enrolling in either a basic plan or an enhanced plan.



General Requirements

All graduate students entering UTHSC must demonstrate minimal immunization requirements in order to attend classes. Minimum immunizations and health screening required include:

1. Tetanus-diphtheria (Td) booster, adult booster, within the past 10 years or tetanus, diphtheria, attenuated pertusis (TDaP)..
2. Two MMR (measles-mumps-rubella) immunizations IF student was born after 1/1/57. Any student who has had measles, mumps, or rubella during his/her lifetime requires no further immunization. This immunity may be documented through a blood test called a “titer” which must demonstrate a “positive” result. If the titer is “negative” the student must receive the appropriate vaccine.
3. One Mantoux-type (intradermal TB screening with PPD (purified protein derivative) done in the USA within 12 months prior to matriculation. If you are an international student or an



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American living outside of the USA, you must have the PPD skin test done by University Health Service when you arrive on campus. **The test must be read by University Health Service before the student is allowed to attend class.**

If TB Screening Results Are Positive:

- Students who have a positive PPD at the UHS or elsewhere must meet with a UHS health provider to answer questions, discuss treatment options and risks, have required lab work done, and complete an “Annual BCG/Positive PPD Follow-up Check List” on signs and symptoms of TB. If the student is in agreement, the recommended therapy is initiated.
- Students who have a positive PPD at UHS or elsewhere also must have a chest x-ray at University Medical Center or the Lucas County Health Department before they can attend classes.
- Students with a positive x-ray must consult with a health provider regarding treatment. If treatment is recommended the student must initiate treatment before attending classes.

All graduate students who will be having contact with patients, human tissue research or involved with primate research also are required to complete:

1. Hepatitis B vaccination series (series of 3).
2. Lab testing for Hepatitis B surface antibody (HBsAB) 1-2 months after the Hepatitis B vaccination series is completed.

The Hepatitis B series can be completed at MUOT University Health Services at cost. Students working as “employees” may receive the series at no charge at University Health Services.

NOTE: Students may have additional health requirements depending on their specific area of study i.e., allied health professions, nursing and MD/Ph.D. students.

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Immunizations and Lab Tests to Provide Protection From Disease (Titers)

University Health Services is able to complete student Hepatitis B series, and Hepatitis B surface antibody can be performed at University Health during the student's initial semester. After students have approved registration for classes, there will be NO CHARGE for annual TB screening, adult tetanus boosters, and annual influenza vaccine given at University Health. Students will incur charges for pre-matriculation health requirements provided by University Health.

Documentation Requirements

To verify immunization and screening, ONLY the following will be accepted:

1. Official letterhead from physician or health department containing original signature, the date of verification statement, and the date(s) the immunization(s) was administered.
2. The official childhood immunization record. If the immunization record is not in English, a notarized translation in English MUST accompany the copy of the original record.
3. Completed College of Graduate Studies Health Science Campus health form with physician signature and legible address stamp.

Payment

There is a fee for pre-matriculation health requirements. The following pre-matriculation services will be offered to students and must be paid for by check at the time the services are provided. No proof of completion of health requirements will be provided to the student or their program until payment is made for the services rendered.

Services Available:

- Physical exam (by appointment only)
- PPD screening
- Hepatitis B vaccine
- MMR vaccine (Measles, mumps, rubella)

Fees for Pre-matriculation Services

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University Health Services (UHS)

- Tetanus-diphtheria (Td) booster
- Varicella vaccine (chickenpox)
- Lab tests for antibodies to disease (titers)

Lab Tests

In addition, certain lab tests (titers, antigens, and antibodies) requested by students' educational program will be billed to the student or their insurance company by University Medical Center. The student will be responsible for any and all bills associated with pre-matriculation health requirements for their program.

University Health Services (UHS) is located in Dowling Hall, Room 1551, phone 419.383.5394. The room is just off the glass corridor in Dowling Hall and is staffed by a physician, nurse practitioner, registered nurse and a clerical specialist.

Clinic Hours

University Health Services follows the academic calendar with the following hours of operation:



Monday: 8:30 a.m. - 5:00 p.m.
Tuesday: 7:30 a.m. - 5:00 p.m.
Wednesday: 8:30 a.m. - 6:00 p.m.
Thursday: 8:30 a.m. - 5:00 p.m.
Friday: 7:30 a.m. - 4:00 p.m.

Dr. Federman, UHS Medical Director, can be reached for urgent needs after clinic hours through the UTHSC operator at 419.383.4000.

During weekends and holidays when UHS is closed, students are encouraged to use one of the area urgent care centers or emergency rooms listed in the phone book. Check with your insurance carrier for an approved provider.



Eligibility for Services

University Health Services are provided for Health Science Campus students only. Spouses and dependents must be seen by another care provider.

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Services Offered by UHS

The following are among the services provided by UHS:

- History taking and physical/mental health assessment
- Administration of required immunizations, vaccinations, and surveillance (PPD) testing and documentation of same
- Acute illness care for non-life threatening injuries
- Management of health referrals
- Health promotion and disease prevention for individuals and groups
- Health records duplication and verification
- If you need to be followed for a chronic condition, you should be seen in UHS initially, and then be referred to a Primary Care Physician of your choice. On-going care for unstable, complicated chronic conditions is not part of the UHS.
- Occupational exposure follow-up, 24 hours/day.
- Women's primary health care

Appointments and Office Procedures

University Health Services operates as a walk-in clinic for nurse visits only. Appointments are recommended for acute/illness services. The clinic space also is shared with the UT Employee Primary Care clinic. Students sign in with the University Health Services Secretary and wait in the reception area for their name to be called. General physical exams and women's health exams (pap smear) **must** be scheduled by appointment.

Charges



No office fees will be charged for office visits to UHS. UHS will cover the fees for additional chest X-rays ordered after a positive PPD skin test, and health tests that are covered include expenses related to occupational exposure testing. Students will bring bills for these services only to University Health Services for payment.

There is a minimal charge for all pre-matriculation requirements that are provided. All pre-matriculation vaccines will be paid for by check at the time immunization is received at University Health Services.

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Fees will be charged for all other laboratory and diagnostic tests ordered by University Health Service physicians. It is expected that students will submit claims to insurance providers for charges incurred for these tests. All other costs arising from University Health Services visits also must be paid by the student and/or the health insurance coverage.

In some cases insurance policies will not cover the routine X-rays or laboratory tests which result from UHS visits, especially when deductibles apply. Therefore, be sure you choose a health insurance policy with adequate coverage for diagnostic testing.

Problems with MUOT health insurance coverage should be first addressed by the student contacting the insurance company. Students are responsible for costs not covered by insurance. Students unsuccessful in resolving their problems directly with the MUOT insurance company should contact Cyndi Ulrich, Director of University Health Services.

Emergencies

If you have a medical emergency (anything that is life-threatening), you should **NOT** call UHS. Go to the nearest Emergency Department (ED). Costs incurred through visits to the ED whether student or physician initiated, must be born by the student or insurance carrier. **It is not part of UHS care.**

Mental Health/ Counseling Services



All students have access to mental health/counseling services through Symmetry, part of Harbor Behavioral Health Care.

Symmetry counseling is available 24 hours-a-day, 7 days-a-week. Phone counseling also is available. The counselors are able to work with students on a wide variety of issues, including academic, personal, and financial problems. These services are **totally confidential** in that no records or reporting of individual contacts are supplied to any persons at UT. Symmetry provides a counselor on campus, one day each week. An appointment can be scheduled by calling 419.383.5394; or 1.800.422.5338 if you are calling from outside the Toledo area. The on-campus counseling site will be at University Health Services at 2410 Dowling Hall Wednesday afternoons by Carrie Claypool, M.A., L.L.C.P.

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Prescriptions

Students may fill prescriptions for themselves and their families at the University Medical Center Pharmacy. All qualified students should receive an Express Script card during their first semester.



The pharmacy is located on the ground floor of the Hospital, and is open 8 a.m. - 6 p.m. daily. Their phone extension is 3750. The Pharmacy charges a \$10 co-pay for generic drugs. In addition, a \$5 dispensing fee plus 22% of the net drug acquisition cost is charged for non-formulary drugs. You must present your Express Scripts identification card. A 3 month maximum supply of drugs is permitted unless restricted by law or University Medical Center policy.

Dental Care

Students are welcome to utilize the services of the Division of Dentistry, however, services are provided at 50% fee for service. Dental services are located at University Medical Center 2nd floor, phone 419.383.3805. It is important that students identify themselves at the time of the visit and the office staff will inform them of the process for receiving the 50% fee. This benefit **does not** apply to all dental procedures. Students need to ask to be certain recommended procedures are covered.

Student also may use the Dental Hygiene Clinic at Owens Community College for routine cleaning, fluoride, restoration and x-rays. Call 419.661.7294 for more information or to schedule an appointment. Fees are very reasonable but visits may take more time due to the fact that this is a training site for dental hygienists.

