The training program consists of the broad indoctrination in the theoretical, clinical, and research aspects of child and adolescent psychiatry. Theoretical material is provided through a series of seminars in child development, psychopathology, and treatment. The clinical experience is primarily accomplished through diagnostic and therapeutic work with patients under close supervision and observation of normal children in pediatrics and school settings.

Didactic Education
In the first couple of months of residency, residents are given orientation to child and adolescent psychiatry beginning with the history of child psychiatry, evaluation process, emergency, overview of treatment and psychotherapy process. A basic child development seminar is provided to general psychiatry residents and child and adolescent psychiatry residents. Advanced child development is taught to child and adolescent psychiatry residents. The psychopathology seminar encompasses all child and adolescent psychiatric syndromes as well as special topics such as adoption, psychiatric aspect of epilepsy, etc. There are topic-oriented seminars such as neuroscience, forensic child psychiatry, consultation liaison, etc, as summarized in the attached table. Guidelines for cultural competence training in child and adolescent psychiatric residencies was first developed at the Medical College of Ohio and was later introduced nationally. Treatment seminars encompass psychopharmacology, psychodynamic psychotherapy, cognitive/behavioral therapy, individual, group, and family therapy. These therapy seminars combine both lectures and case discussions. In addition to the educational activities summarized in the following table, there is a weekly diagnostic conference held on Wednesday from 1:00 to 2:30 p.m. and Journal Club twice monthly on Fridays from 12:00 to 1:00 p.m.

Clinical Education
There are five major clinical services in the division of child psychiatry. The residents carry half-day clinics for outpatient medication management and additional ongoing outpatient cases throughout the residency. Two years of residency are divided into six to twelve month rotations in four clinical services. There are additional minor rotations which take place during the resident rotation in day treatment and consultation/liaison services:

1) one-half day a week for two months at the pediatric genetics clinic
   (the attending physician is Thaddeus Kurczynski, M.D., Ph.D. who is boarded in pediatric genetics as well as pediatric neurology).

2) one-half day a week for one month at the Monroe County Board of Education working with the school consultant, Dr. Theodor Rais.

3) one-half day twice monthly at the Children’s Resource Center, a comprehensive community mental health program.

4) an elective course ranging 40-80 hours at the site of resident’s choice at either MCO or affiliated institution.
The Day Treatment Service (Partial Hospitalization Program) is a school program for severely behaviorally disturbed children and children with learning disabilities. This program is run in conjunction with the Toledo Public School system. There are 45-50 children (from Kindergarten to 6th grade) with serious emotional and behavioral disorders and learning disabilities in this program. The basic orientation of the school and Day Treatment Service is psychoeducational, and the school places an emphasis on the child's academic and psychosocial development as a primary focus for intervention. The program offers the resident the opportunity to consult with teachers and to be involved in the psychoeducational interventions. The resident attends team meetings and leads therapy groups in the classroom. The Medical Director of the PHP, Dr. Theodor Rais, provides supervision to PHP residents including his role as the supervisor for the Medication Clinic. Dr. Christine Prodente, Clinical Director of the Partial Hospitalization Program, provides supervision of administrative issues, diagnostic evaluations, and group therapy. In addition, the faculty in the Child Outpatient Department provide supervision for individual/family therapy cases.

The Consultation/Liaison Service provides evaluation and liaison services to the Mercy Children’s Hospital, as well as consultation to the community. There are about 100 consultations referred annually for children with a wide variety of psychiatric problems. The patients seen from pediatrics present with a number of chronic physical illnesses, physical handicaps, child abuse, and severe psychophysiologic disorders as well as management issues on the pediatric ward. Emergency cases are seen in ER, or are referred directly to the Kobacker Center. These are often community referrals involving psychiatric emergencies. A child and adolescent psychiatrist is the director of the service and provides didactic material and supervision to the residents and medical students on this service.
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