

## About Dr. Hampton



James Hampton PhD, a long-time resident of the Toledo area, devoted over 20 years of teaching at The University of Toledo (formerly the Medical College of Ohio). He taught pathophysiology courses in the Physician Assistant, Nursing, Physical Therapy, Medicine, and Basic Health Science programs.

In 2007, Dr. Hampton was diagnosed with Amyotrophic Lateral Sclerosis (ALS), more commonly known as Lou Gehrig's disease. This progressive neurodegenerative disease forced him to retire from the work that he so loved. "Hampton on the Trail" is an annual event to honor the man that has touched the lives of so many at The University of Toledo and whose love for the Maumee River inspired this event.

The James Hampton Scholarship Fund benefits students who excel in Pathophysiology coursework at The University of Toledo. We hope you will support our efforts to endow this fund so that Dr. Hampton will be perpetually honored.



## Details of the Run & Walk

### Hampton on the Trail

#### 5K Run, 3K Walk:

The race will take place at Side Cut Metropark (Rotary Pavilion) in Maumee, OH on Saturday, May 2, 2009. The fee is \$20, with *all proceeds to the James Hampton Scholarship Fund at UT.*

Race-day Registration @ 9:00 am  
Pre-Registered Check-In @ 9:15 am  
Race Begins Promptly @ 10:00 am

#### Visit Website:

[www.utoledo.edu/hshs/pa/hampton.html](http://www.utoledo.edu/hshs/pa/hampton.html)

Side Cut Metropark is located at  
1025 River Road  
Maumee, OH

#### Driving Directions: (from the North)

Take 23 South to Maumee/Waterville exit. Follow Maumee exit ramp to Route 24 East. To get to the River Road area, take 23 South to Maumee/Waterville exit. Follow Maumee exit ramp to Route 24 East (Anthony Wayne Trail). Take Route 24 East to Ford Street (baseball diamond on corner), turn right onto Ford Street go to Broadway, turn right on Broadway which turns into River Rd. The Rotary Pavilion is at the Riverview entrance on the left approximately 1 mile.

See metroparks website for more directions:  
[www.metroparkstoledo.com/metroparks/sidecut](http://www.metroparkstoledo.com/metroparks/sidecut)



**Saturday, May 2, 2009**

**10:00 am**

**Side Cut Metropark**

**Rotary Pavilion**

**Maumee, OH**

**This is a fundraising event for  
the James Hampton  
Scholarship Fund  
at The University of Toledo**

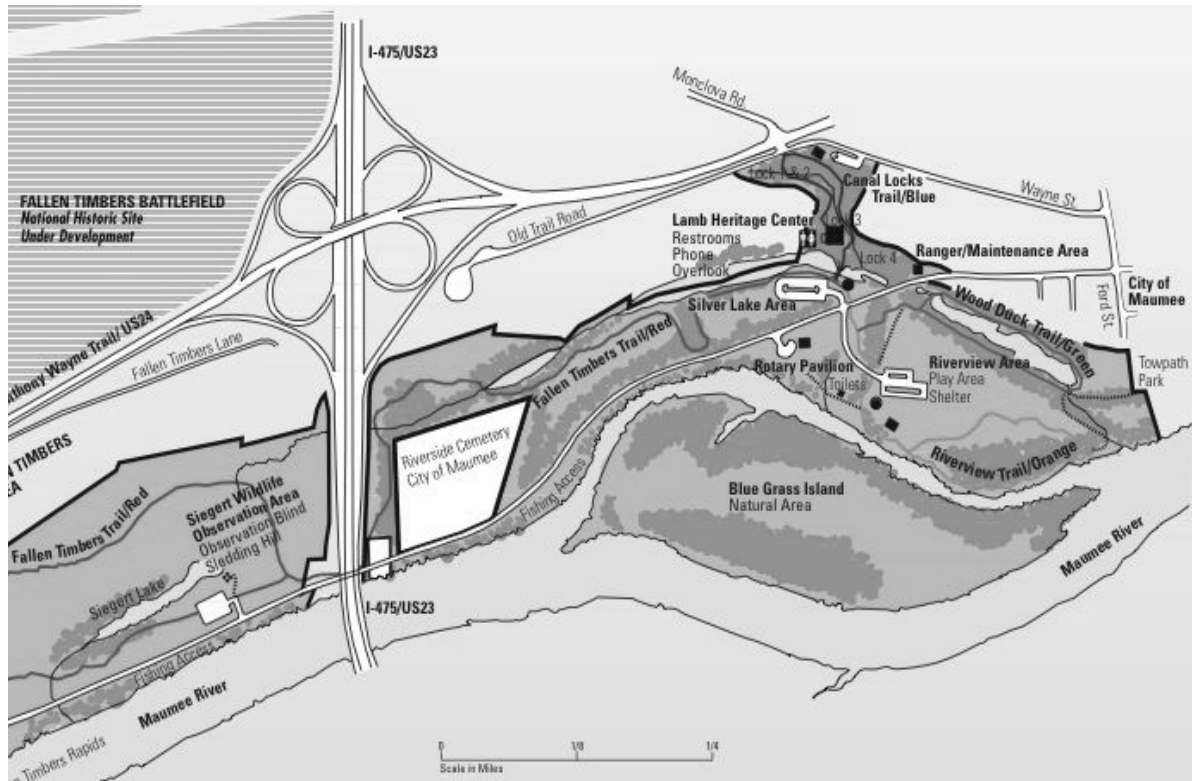
Event supported by:  
Physician Assistant Student Society,  
the Student Nurses Association  
and UT Faculty & Staff



THE UNIVERSITY OF  
**TOLEDO**

1872

## Side Cut Metropark



### Registration

Visit website to register and pay:

[www.utoledo.edu/hshs/pa/hampton.html](http://www.utoledo.edu/hshs/pa/hampton.html)

**Before April 10, 2009:** \$20 registration (online only) guarantees a spot in the event *and* a free Hampton on the Trail t-shirt. Please arrive at 9:15 am on the day of the race for check-in.

**After April 10, 2009:** \$20 registration guarantees a spot in the event *only*. Free t-shirts will be distributed while supplies last on the day of the race. Please arrive at 9:15 am on the day of the race for check-in.

### Race Day Registration

\$25 registration (cash or check only) can be completed at 9:00 am on the day of the race. This includes a spot in the event *only*, free t-shirts will be distributed while supplies last.

**Sorry, no refunds for any reason**

### Event Options

5K Run (3.1 miles)

*Runners must be at least 12 years of age to participate in the run.*

3K Walk (1.86 miles)

*Walkers of all ages welcome to participate. Strollers and pets in walk ONLY.*

**Questions** Jay Peterson: 419.383.4816  
[jay.peterson@utoledo.edu](mailto:jay.peterson@utoledo.edu)

### Course Information

Please park at the Riverview or Silver Lake Areas. Registration and check-in at the Rotary Pavilion. This is a trail run so be prepared for multiple different running surfaces (paved, grass, stone).

### Times

Race-day Registration @ 9:00 am  
Pre-Registered Check-In @ 9:15 am  
Event Begins Promptly @ 10:00 am

**Race will occur rain or shine!**

*Please contact your health care provider regarding your physical ability to safely participate in this event.*

### Registration

Fee: \$20.00 (run or walk)

\*Donations Appreciated

**To register or donate, please visit:**

[www.utoledo.edu/hshs/pa/hampton.html](http://www.utoledo.edu/hshs/pa/hampton.html)

### Prizes & Awards

Awards to the top finishers, as well as multiple door prizes, will be given at the awards ceremony following the race.

### Event Supported By:

The Student Nurses Association, Physician Assistant Student Society, UT Faculty and Staff.