Policie

Duty Hours and a safe educational and service environment. Following institutional, RRC, and ACGME standards.

**Purpose**

To assure patient safety and resident well-being.

**Procedures**

To follow the ACGME standards.

The following will be followed at UTMC and Mercy St.Vincent Hospitals:

1) “Duty hours must be limited to 80 hours per week.”
2) “Residents must be provided with 1 day in 7 free from all educational and clinical responsibilities, averaged over four weeks.”
3) “Adequate time for rest and personal activities must be provided. This should consist of a 10 hour time period provided between all daily duty periods and after in-house call.”
4) “In-house call must occur no more frequently than every third night, averaged over a four-week period.”
5) “Continuous on-site duty, including in-house call, must not exceed 24 consecutive hours. Residents may remain on duty for up to 6 additional hours to participate in didactic activities, transfer care of patients, conduct outpatient clinics, and maintain continuity of medical and surgical care as defined in the Program Requirements.”
All residents on service must be in house by specific time according to duty hours schedule and are not permitted to leave before 5:00 PM. Exceptions are when post call, holidays, and weekends where house staff that is not on call may check out upon completion of their work* only after 12:00 pm on ID, Hem/Onc, Gastroenterology, and GIM rotations and at 2:00 pm on major rotations of Internal Medicine, Pulmonary, Cardiology, Nephrology, and MICU.

All patients must be checked out at time of sign off (Hand off).

When a senior is on overnight call, that person may leave after finishing the round in the morning and after sign off.

No intern is to accept the admitting pager for a senior resident.

On Weekdays: The senior for the short call at UT will stay in-house from 5:00pm - 8:00pm and will be responsible for direct admits and floor consults. Then will be called from home as a back-up if needed on weekdays.

Starting from July 2010, an intern from Med 1 or Med 2 will be taking calls on alternate days starting from 4pm - 1pm the next day (call starting at 4pm - 5pm on weekdays and 1pm - 2pm on weekends allowing for sign out rounds) this intern will be assisting with ER admissions with the supervision of NF2. The frequency of call will be one in 6 – 8 days.

Another intern from Med 3 or Med 5 will be on call on alternate days starting from 4pm - 1pm the next day. This intern will be taking care of the floor patients and will assist with admissions to their respective service only. The frequency of call will be one in 6 – 8 days. During the weekends interns will start their calls from 1pm - Noon the next day.

On Weekends: The admitting resident will be responsible on ER admissions from 8am-8pm and on stat floor consults and direct admission from 2pm - 5:00pm when NF-2 will take care of the floor consults and direct admission from 5pm-8pm.

NF-2 then will take care of the ER admission from 8pm - 8am.

NF-3 will be responsible on the stat floor consults and MICU patients and supervise the juniors from 8pm-8am.

The back-up resident can be called from home if needed.

Admitting Resident hours at UT are from 8:00am - 8:00pm.

Night Float 8:00pm - 8:00am (PGY 2, 3) will attend the morning report and give sign out to the admitting services prior to leaving.

Attendance at morning report is required for all residents on all services, regardless of rotation. The only exceptions are MICU interns and PGY2 resident and residents on ER assignment.

Residents on Ambulatory Rotation and who have a morning clinic need to leave the morning report at 8:15am to be able to see their first patient in clinic at 8:30am.

Residents on Neurology Rotation need to attend neurology morning report.
*If you are notified of an admission during your shift, you are expected to complete all work prior to leaving the hospital.

During in-training exam:

For residents on night float there will be overnight coverage for at least 12 hours for those who are taking the in-training exam:

NF residents will be off the day before or the day after the in-training exam to make sure we are compliant with duty hour rules.

The residents on elective will cover the NF off day in return the NF pays back the covered day within the same week.

All residents should have one day off per week.

Residents should have at least 10 hours between shifts.

Residents must log in their duty hours at most on weekly basis, and a report with duty hour exceptions will be generated weekly, reviewed and discussed during Tuesday program directors meeting. The concerned residents will be notified by the chief resident after the Tuesday meeting.

The Chief resident should send the GME office a report about the duty hours log and an explanation for any exceptions at the end of each month.

**MICU Team Work Hours:**

The senior resident (PGY3) takes overnight call on Friday 5:00 PM – until 2:00 pm the next day. The senior resident should leave a summary progress note on each patient.

Intern short call daily between 5:00pm and8:00 PM. On Friday senior on call covers MICU from 5:00 p.m. until Saturday when round is done. For further information please refer to MICU call schedule.

If moonlighting is approved the hours spent will be part of the 80 hours per week.

A resident’s work week must consist of less than 80 hours per week.

Please also refer to Moonlighting policy, number IM-M1 Moonlighting is discouraged and is governed by rules outlined in the policy IM-M1.
### Summary of Duty Hours

#### UT - College of Medicine

<table>
<thead>
<tr>
<th>Seniors:</th>
<th>Interns:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Short call 5p-8p</td>
<td>Overnight call 4p-1p</td>
</tr>
<tr>
<td>Back up 5p-8a</td>
<td>the next day (q6-8 days)</td>
</tr>
<tr>
<td>Regular Day 7a-5p</td>
<td>Regular day 7a-5p</td>
</tr>
</tbody>
</table>

**ER ADR:** 8a-8p

**NF-2:** 8p-8a Sun & Sat off

**NF-3:** 8p-8a Fri & Sat off

**MICU**

<table>
<thead>
<tr>
<th>Senior:</th>
<th>Intern:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overnight call (Fri) 5p-2p</td>
<td>Short call 5p-8p</td>
</tr>
<tr>
<td>Short call 5p-8p</td>
<td>Overnight call 7a-12p</td>
</tr>
<tr>
<td>Regular day 7a-5p</td>
<td>Regular day 7a-5p</td>
</tr>
</tbody>
</table>

**GIM:**

Mon - Fri 7a-5p

Sat off - Amb 3 will cover 7a-12p in house.

Sun 7a-12p

#### St Vincent Medical Center

**Interns:**

Overnight call 7a-12p

Regular day 7a-5p

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All PGY-1, 2, 3: One day in seven free from all educational and clinical responsibilities, averaged over a four-week period, inclusive of call.

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Program Director

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*Revised September 29, 2009 MN*

*Revised June 9, 2010 MN*