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# NURSING LEADS



College of Nursing Newsletter  
Spring 2014

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## Nursing Students Visit Horizon Science Academy

Bachelor of Science in Nursing students Balar Tarawally, Khalie Frisch, Jacob Hunter, and Aurora Garcia visited the kindergarten, first, and second grade students at Horizon Science Academy on January 30, 2014 for "Hands on Thursday." They were accompanied by Jessica Gast, Communications and Recruitment Specialist, and Kathleen Mitchell, MSN, RN, Assistant Dean for Student Services.

Horizon Science Academy Toledo, a community charter school for grades kindergarten through twelfth grade, performs a program called "Hands on Thursday," where people and groups from the community are invited to provide hands on learning opportunities for students as a way to learn about future careers.

The College of Nursing students talked with the students about nursing, nursing roles, and the significance of becoming a nurse.



Left to right: Nursing students Balar Tarawally, Khalie Frisch, Jacob Hunter, and Aurora Garcia

Activities included hand washing, storytelling "What Do Nurses Do?", listening to heart sounds with stethoscopes, and a relay race with gowns, gloves, face masks, and foot and hair covers. A fun time was experienced by all.

## Nursing Alumni 7th Annual Fundraiser & Silent Auction

The College of Nursing Alumni Affiliate invites you to its 7th Annual Fundraiser and Reception on Thursday, April 10, 2014 from 6:00 to 8:30 p.m. at the Driscoll Alumni Center on UT Main Campus.

Alumni from the Medical College of Ohio, Medical University of Ohio, The University of Toledo and the BGSU consortium are invited to enjoy an evening with their fellow alumni.

A silent auction, 50/50 raffle, door prizes and heavy hors d'oeuvres guarantee a great time for everyone! Cost is \$25 per person with a beer and wine cash bar available.

Please RSVP by March 31 to Amanda Kessler at 419.530.7859 or [amanda.schwartz@utoledo.edu](mailto:amanda.schwartz@utoledo.edu).

## UT Offers Nursing Degree through New Partnership



The University of Toledo is extending its reach into Michigan through a unique partnership that will help students in the Detroit area obtain a Bachelor of Science in Nursing degree from UT.

The new "Schoolcraft to U" partnership between UT and Schoolcraft College will begin in fall 2014. Students will be able to obtain UT undergraduate degrees in nursing, criminal justice and health information management.

"For several years, The University of Toledo has been committed to blurring the line between Michigan and Ohio to provide access to high-quality UT degree programs to Michigan students," UT President Lloyd Jacobs said. "Coupled with our marketing efforts and creative scholarship models, this partnership with Schoolcraft College is symbolic of that commitment by seamlessly allowing Schoolcraft students to continue their academic careers and achieve the dream of a four-year degree."

What is significant for the College of Nursing is that nursing was chosen as one of the "leading stars" in establishing this relationship. The college is working with Schoolcraft to develop a seamless process that enables Schoolcraft students that have graduated with an Associate's degree in nursing, and have an active nursing license, to move directly into our online RN to BSN program. The University will provide scholarships to cover the out-of-state surcharge for Schoolcraft to U participants who, as UT students, can enjoy all of the student life opportunities such as attending Rocket athletic games for free.

This agreement moves the nursing profession one step closer to reaching one of the national goals articulated in the Institute of Medicine report, to increase the number of BSN prepared nurses, Schoolcraft is the perfect choice for partnership. It has an excellent nursing program. Currently, there are Schoolcraft students enrolled in the RN to BSN program at The University of Toledo, but this affiliation will open the door for more Michigan students, and enable the university to enhance the students' experience with transferring to UT. Just one more example that UT College of Nursing is on the leading edge of change, and serving our community!

Greetings and welcome to the spring newsletter publication of Nursing Leads!

The College of Nursing would like to share the successes and accomplishments by our faculty, students, and our very own nursing alumni. I hope you will enjoy hearing of the exciting news of our Schoolcraft Partnership, our International Visitor Nursing Program, highlights of the 7th Annual Dottie Hussain Lectureship, nursing students elected to state board, alumni spotlights, student and faculty accomplishments and much more!

We always welcome and enjoy hearing from you, so please browse our website at <http://www.utoledo.edu/nursing> or like us on Facebook at <https://www.facebook.com/UTCON>.

Wishing you the best in the new year and appreciation for all that you do for our College of Nursing!



*Timothy M. Gaspar*

Timothy M. Gaspar, Ph.D., RN  
Dean and Professor  
The University of Toledo College of Nursing



COLLEGE OF NURSING  
THE UNIVERSITY OF TOLEDO

## 7th Annual Dottie Hussain Lectureship

Over 575 students, faculty, and guests from the Colleges of Nursing, Health Sciences, Medicine, Pharmacy, and Education attended the 7th Annual Dottie Hussain Distinguished Lectureship Program on October 22 and 23, 2013. The primary purpose of this program is to enhance knowledge on the interprofessional practices among health care professionals to improve the health and wellness of individuals with pancreatic cancer.

The keynote speaker was Dan A. Laheru, M.D. who currently serves as an associate professor of oncology at the Sidney Kimmel Comprehensive Cancer Center at Johns Hopkins University School of Medicine. At the lectureship, Dr. Laheru focused on an Interdisciplinary Model for the Management of Individuals with Pancreatic Cancer, as well as current Pancreatic Cancer Treatment Research.



Left to right: Timothy Gaspar, PhD, RN, Dan A. Laheru, MD (Keynote speaker), Timothy R. Jordan, PhD, Ms. Nancy Amato, BSN, CRNA, Catherine L. Hornbeck, PhD, PT, and S. Amjad Hussain, MD

Dr. Laheru specializes in gastrointestinal oncology with a specific focus in pancreatic cancer. His clinical research interests are in developing and testing new therapies for the treatment of pancreatic cancer. He has developed a clinical trial program to optimize a vaccine approach using GM-CSF transfected pancreatic cell lines as a vaccine in two distinct patient populations. He has also incorporated correlative studies that should provide important information to better understand optimal vaccine boosting schedules, as well as identify antigens that can be predictive in-vitro markers for anti-tumor immune responses. Dr. Laheru is investigating mechanisms of chemotherapy resistance in pancreatic cancer and will be developing and testing new targets for therapy in patients with metastatic pancreas cancer.

## International Nursing Visitor Program

Nursing students from HungKuang University in Taiwan gained global understanding during the first International Nursing Visitor Program at The University of Toledo, which kicked off Sunday, June 30, 2013.

Eighteen students from HungKuang University participated in the program. During their stay, the students had many opportunities to learn about UT, as well as U.S. health care and culture.

“The purpose of this program is to provide these nursing students with a more global view and the opportunity to work with colleagues of different cultural backgrounds,” said Dr. Huey-Shys Chen, associate professor and chair of the Department of Nursing and director of the Doctor of Nursing Practice program, who headed the planning committee for the program.

The students studied alongside UT nursing students during lectures and shadowed clinical experiences in The University of Toledo Medical Center facilities. Both sets of students had the opportunity to learn about one another’s culture through casual discussion.

HungKuang students celebrated Independence Day during their visit and learned its meaning to Americans. They also experienced “Thanksgiving in July,” where they sampled American dishes, and took a trip to Niagara Falls.

Dr. Huey-Shys Chen and two DNP (Doctor of Nursing Practice) students, Jaclyn A. Lanham and Barbara Braden plan to visit Taiwan from mid-February to early March 2014. The visit will be a 10-day intensive program, providing immersive learning experiences for international nursing students and supervised clinical activities.



The Student Nurse Association welcomed the Taiwan students with an ice cream and pizza social.

## College of Nursing Receives NFLP Loan Fund

The National Faculty Loan Program (NFLP) provides funding to schools of nursing to support the establishment and operation of a distinct, interest-bearing NFLP loan fund. Participating schools of nursing make loans from the fund to assist registered nurses in completing their graduate education to become qualified nurse faculty. The program offers partial loan forgiveness for borrowers that graduate and serve as full-time nursing faculty for the prescribed period of time.

Participating schools make NFLP loans from the loan fund to eligible graduate (master’s and doctoral) nursing students to complete their nursing education programs. Students may receive NFLP loans up to \$35,500 per academic year for a maximum of five years to support the cost of tuition, fees, books, laboratory expenses and other reasonable education expenses. Following graduation from the nursing program, the nursing school will cancel up to 85 percent of the loan principal and interest in exchange for the loan recipient’s service as a full-time nursing faculty at a school of nursing, with a certain percentage cancelled each year for up to four years.

The University of Toledo College of Nursing received \$123,979. Dr. Kelly Phillips, Director of MSN Programs and Department Chair, is the principle investigator of the grant.

## Alumni Spotlight: Marge McFadden



Marge McFadden has been a nurse for 36 years, working 3 years at St Elizabeth’s Hospital in Dayton, Ohio, 11 years at Mercy Hospital in Toledo, Ohio, and has been currently employed at The University of Toledo Medical Center for the past 21 years.

McFadden was in the first graduating class of the DNP program at The University of Toledo. She was the first person in the program to successfully defend her scholarly project. McFadden entered the DNP program because she felt it was a perfect fit as a practice degree that would help to use research and evidence to influence her administrative practice instead of creating new research. In the first cohort, she was the only person in the Administrative track, which at times was challenging because everyone else had a more clinical focus. Her focus was in leadership and management, which brought a different perspective to many of the class discussions. She comments, “I learned a great deal from the clinical students, while providing a broader view of systems, outcomes, and regulatory compliance from a leadership perspective”.

McFadden has a wide variety of nursing experience, including medical surgical nursing, cardiac critical care, staff and patient education as a staff development instructor, cardiac rehabilitation nursing, cardiac critical care management, hemodialysis, perioperative services, and lastly holds an administrative leadership position in quality management and regulatory compliance.

McFadden is currently responsible for clinical quality and outcomes monitoring, performance improvement initiatives, and patient safety monitoring and prevention. Her position plays a key role in the coordination and preparedness for Joint Commission Accreditation surveys and monitors ongoing compliance with all regulatory standards to meet Joint Commission and CMS requirements for accreditation. McFadden also provides leadership for the staff development department, ensuring ongoing clinical education and training for nursing staff orientation and nursing continuing education. Finally, she oversees the leadership for Infection Control and Prevention Services at the University of Toledo Medical Center.

## Pre-Major Under-Represented Student Reception

Students from nursing, health sciences, engineering, natural sciences, math, and pharmacy and pharmaceutical sales were invited for a Pre-Major Under-Represented Student Reception on Tuesday, September 24, 2013 from 5:30 to 7:30pm.

Students were able to mingle with other diverse students and network with faculty, deans and staff, while enjoying pizza, drinks, and raffle prizes. The reception was a great way to offer networking and the chance for students to get to know one another and enjoy some fun!



## Alumni Spotlight: A Salute to Major Adams

Major Andrea Adams, RN, NP, Brigade Medical Officer in Charge currently works with Dr. Jumaa and Dr. Zaidi in the Neurology Department at The University of Toledo Medical Center as a vascular, interventional, and stroke nurse and is also an active member of the Army National Guard where she leads a team of Combat Medics to provide comprehensive care to over 900 soldiers deployed throughout southwest Asia.

Adams thought nursing would be a great way to help people, so she attended The University of Toledo and received her Bachelor of Science in Nursing in 2002. Adams really loves being a nurse and wanted the opportunity to work autonomously and collaborate with physicians, with a bigger voice in patient care, so she continued her education as a Family Nurse Practitioner (FNP). She received her Master of Science in Nursing in 2012 from The University of Toledo and felt the FNP program gave her the skills to broaden her civilian and military career.

Adams joined active duty Army in December 1993 as a Signal Intelligence Analyst. Adams was active duty for four years, and then returned home in 1997 and joined the Ohio Army National Guard as a combat medic. Adams received a direct commission and became a nurse in the Ohio Army National Guard as a second

lieutenant, and then became a nurse practitioner in the Ohio Army National Guard in 2012. Adams was then promoted to major in Jan 2013.



371st Sustainment Brigade deployed to Kuwait proudly display their alma mater's flag, The University of Toledo, at Camp Arifjan, Kuwait on Dec. 12, 2013. Pictured left to right are: Capt. Chip Faruki, 2nd Lt. Rodshana Ulery, Staff Sgt. Kimberly Hill, Col. Gregory Robinette, Maj. Andrea Adams, and Maj. Wade Danforth.

## BSN Students Present Poster Presentation

### "Heightening Awareness of Teenage Human Trafficking: The Modern Day Slavery"

College of Nursing students Jacob Hunter and Katie Burlen represented SNA at the National Student Nurses Association Midyear Conference in Louisville, Kentucky in early November



Nursing students Katie Burlen and Jacob Hunter presenting their poster presentation "Heightening Awareness of Teenage Human Trafficking: The Modern Day Slavery"

of 2013. Their poster presentation was "Heightening Awareness of Teenage Human Tracking: The Modern Day Slavery." Jacob and Katie both play an active role in the chapter, with Jacob serving as president and Katie as vice president for their cohort.

During the conference, Jacob and Katie were able to connect with other schools throughout the country that faced similar problems of Teenage Human Trafficking in their own communities. They explained to inquirers about the seriousness of the issue in the Toledo area specifically, and the measures that are being taken to increase awareness at a local level.

Jacob and Katie, along with the rest of the Student Nursing Association also worked with the local organization, Second Chance. The chapter adopted over twenty families through this organization and collected gifts to present to the members who are victims and potential victims of sex trafficking.

Future plans to help "Heightening Awareness of Teenage Human Trafficking: The Modern Day Slavery" will also occur at the NSNA Annual convention in April 2014.

## Katie Burlen Receives Article Publication



Katie Burlen, a Bachelor of Science in nursing student at The University of Toledo had her article published in the National Student Nurse Association November/December Imprint Issue. Her article is titled "The Value of Health Education in a Third World Country; A Nursing Student's Perspective" and includes an overview of her experiences during a mission trip to Nicaragua last spring.

Katie discusses how the mission trip made her recognize the importance of health education and her role as a nurse in this matter. "For me, the trip actually strengthened my passion for becoming a nurse because patient education is so much of what we do and it can be invaluable to a person's understanding of health awareness and preventative care. Especially in a third world country, where citizens have limited access to health care, simple knowledge can be shared and used to prevent and recognize illnesses or disease."

## Students Elected to Ohio Nursing Student Association State Board

The Student Nurse Association chapter at UT is held in conjunction with Bowling Green State University and the three elected state officers are: Jacob Hunter, as president, Katie Burlen, as vice president, and Christopher Headley, as breakthrough to nursing director. The ONSA represents 1,500 members throughout Ohio and is a pre-professional organization that helps foster leadership in the nursing profession.

Jacob Hunter, president, chose to run for the position because he felt he could bring new ideas and organization to the group. Jacob said "I have hopes of getting more students to take active roles in leadership throughout the state. I hope to encourage students to get involved, not only the academic part of nursing school, but to also take charge in their profession."

Katie Burlen, vice president, spoke of running for the vice president position and expressed "It is important for students to be involved and especially through their field of study. There is a lot we can do as nurses outside the classroom and hospital and to bring education and opportunities to our fellow nursing students."

One of the roles as Breakthrough to Nursing director will be aimed towards reaching out to underrepresented populations, such

as males, to educate them on the importance of nursing, the benefits of nursing, and why men are needed as nurses.

Christopher Headley, breakthrough to nursing director, plans to "Get out there and tear down the walls of stereotyping. I want to be involved in the community and promote the field of nursing and when people interact with me and see and hear my passion for what I am doing, I hope that it works to break the typical view of who a nurse is."

## CNL Students Present at AACN Conference

Dr. Kelly Phillips and CNL students Kayla Kennedy, Noelle Spitler, and Stephanie Stout will be attending the AACN 2014 Master's Education Conference on February 28, 2014 in Scottsdale, Arizona. They will have a podium presentation entitled: "Exploring the Impact of the Clinical Nurse Leader Role and Cost Effective Quality Outcomes for the Care of Addicted Mothers and Their Babies Affected by Neonatal Abstinence Syndrome."



Left to right: Christopher Headley, breakthrough to nursing director, Katie Burlen, vice president, and Jacob Hunter, president.

## Emergent Evacuation Research Study

In the fall of 2013, a team of clinical nurse leader students chose for their field study project to work collaboratively with their advisor, Marty Sexton PhD(c), RN, MSN and Emergency Medicine Physician, Dr. Paul Rega, to investigate the impact of TeamSTEPPS training on emergent evacuations in a simulated healthcare setting. The rationale for this study was to provide healthcare professionals, working in an acute care setting, with a safe and effective technique for evacuating non ambulatory patients with little help from outside resources. The students researched a nationally recognized performance enhancement program called TeamSTEPPS as well as mattress-sheet evacuation technique published by Dr. Iserson.

This study utilized a quasi-experimental posttest-only research design with non-

equivalent comparison groups. After receiving IRB approval, the students were able to recruit sixty-two University of Toledo students in the health sciences to participate in an evacuation drill. All participants were taught the Mattress-Sheet technique, however half were given TeamSTEPPS training before the drill (experimental group), while the other half received TeamSTEPPS training after the drill (control group).

Results of the study indicated that TeamSTEPPS training improves the organization, security of the patient, and appropriate care/treatment of patients as perceived by the standardized patients, participants, and the evaluating physician. However, TeamSTEPPS training did not improve the level of commitment of personnel or total time of evacuation to safe zone.

Student researchers were able to gain from this experience the rigor of developing, implementing, and analyzing the results of a research study. In addition, students learned the value of interprofessional education/collaborative practice and its importance in healthcare today.

Student researchers included: Mansi Mehta, Katie Shoup, Sarah Simon, and Ryan Scovanner.



CNL student, Sarah Simon, explains to a group of medical students the difficulties in using the evacuation equipment provided by most hospitals.

## College of Nursing Well Represented at Statewide Conference



Dr. Kelly Phillips, Dr. Susan Rice, and David Lymanstall

Faculty and students from The University of Toledo's College of Nursing attended the Ohio Association of Advanced Practice Nurses' (OAAPN) annual statewide conference in Columbus, Ohio, this past fall to share and increase their knowledge in their profession.

Themed, "Linking Arms in Education, Practice and Policy," several UT students gained further knowledge on topics ranging from minor office procedures and thoracic procedures to renal/abdominal imaging, suturing, joint injections, and reimbursement, among others.

During the conference's kickoff program, Angela Scardina, a faculty member in UT's College of Nursing and 2013 OAAPN president, provided an update on the organization's activities and presented several awards to its members. Among the award

winners was UT's very own Sarah Klotz, in her final semester as an Advanced Practice Nursing student, who received a scholarship to continue her education.

UT's College of Nursing was also represented by Huey-Shys Chen, PhD, RN, MCHES, FAAN, DNP Program Director, who served as a panelist with five other representatives from universities in the state, sharing her knowledge on UT/WSU Doctor of Nursing Practice program.

Additional students who participated in the OAAPN statewide conference included: Jennifer Tillman, Brian Bradbee, Mindy Howard, Janice Maxey, Jodi McClain, and James Niese.

OAAPN is the largest statewide professional membership organization serving as the unified voice of more than 10,000 advanced practice registered nurses in the state of Ohio.



Sarah Klotz, Scholarship recipient

## New Faculty and Staff



**Deb Dugan, MSN, ANP-C**, is an adult nurse practitioner that specializes in Geriatrics. She is currently working with the team of the Geriatric Center of UTMC and is in clinical practice at St. Clare Commons in Perrysburg with Drs. Anu Garg and Murthy Gokula. In the fall of 2013, Deb started as an instructor in the graduate NP program working primarily as a clinical instructor and will be assisting with the development of the Geriatric courses. Deb has been a nurse since 1974, starting as an LPN. She has worked primarily in critical care and cardiology until attaining her ANP certification in 2010. Her BSN and MSN degrees were both earned at University of Toledo. She is married, the mother of five and grandmother of six. She also is the "mom" of two rescued dogs, a cat and African grey parrot.



**Temeaka Gray, PsyD., MBA, MSN, CNP, RN** is an Assistant Professor at the College of Nursing. She has been a registered nurse for 16 years, with 5 of those years being as a Women's Health Nurse Practitioner. Dr. Gray received a BSN from Lourdes College (now Lourdes University), a MBA from Tiffin University, and a MSN from The University of Cincinnati. She recently completed a Doctorate in Psychology (Health and Wellness focus) from the University of the Rockies School of Organizational Leadership. Her dissertation title was: "Exploring Self-Perceived Stress in Managerial and Non-Managerial Nurses".



**Pamela Marok, MSN, RN, PMHCNS-BC**, has been a clinical instructor at The University of Toledo since 2006, working with graduate and undergraduate students in the area of mental health nursing. Pam has a background in law enforcement and acute and forensic nursing. In September, 2013, Pam became full-time faculty, as an assistant professor, maintaining her concentration in the area of mental health. She received her BSN from Bowling Green State University, MSN from Medical College of Ohio and is currently working on her dissertation for completion of her PhD requirements.



**Susan O'Dell, PhD, RN, CNE** is currently an assistant professor. Susan most recently held the position of Program Chair of the Mercy College BSN Program and has been a registered nurse for nearly 30 years. Susan received her ASN from The University of Toledo, BSN from the University of Bowling Green, MSN from the Medical College of Ohio, and her PhD in nursing education from the University of Colorado.



**Brandy Szmania, MBA, BA**, will serve as an Undergraduate Advisor for the College of Nursing. Brandy brings to UT prior experience in Admissions/Advising from Florida Gulf Coast University, and extensive administrative and marketing experience from Bowling Green State University. In addition, she obtained her MBA from the University of Findlay and completed her undergraduate coursework from Bluffton University.

## Nursing Diversity Mix and Mingle

The College of Nursing hosted its 3rd Annual Diversity Mix and Mingle on January 15, 2014 at the Collier Building on the UT Health Science Campus.

Nursing students were able to mingle and connect with professionals from the community in management, education, and practice, as well as other nursing students, faculty, and staff.

The event was sponsored by The College of Nursing Diversity Committee.



Guests participated in the "Get Acquainted" Mixer