


Name of Policy:	<u>Patient Nourishments</u>	 Effective Date: 6/2/2008 Initial Effective Date: 8/2002
Policy Number:	3364-104-307	
Department:	Food & Nutrition	
Approving Officer:	Director, Food & Nutrition	
Responsible Agent:	Director, Food & Nutrition	
Scope:	Food & Nutrition	
<input type="checkbox"/> New policy proposal <input type="checkbox"/> Major revision of existing policy		<input type="checkbox"/> Minor/technical revision of existing policy <input checked="" type="checkbox"/> Reaffirmation of existing policy

(A) Policy Statement

It is the policy of the Food and Nutrition Services Department to serve nourishments routinely to patients who require between-meal feedings and/or evening snacks including those on modified diets and patients with increased energy/protein needs/

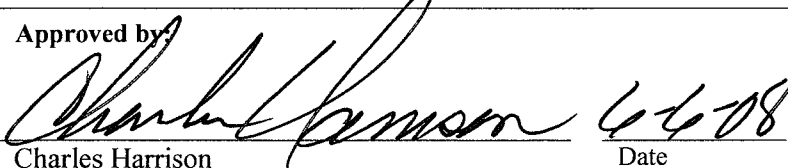
(B) Purpose of Policy

To develop and maintain a system to provide nourishments to patients to provide appropriate nutritional care as ordered by the physician, dietitian, or as included in prescribed diet.

(C) Procedure

Serve between-meal snacks to patient as follows:

1. The physician, nurse, dietitian or diet technician may request between-meal nourishments for patients. HS Snacks are automatically included in carbohydrate controlled diet. Between meal snacks are automatically included in other prescribed diets.
2. The food service worker will perform the following duties:
 - a. Prepare nourishments for delivery at the following times (approximate):
 - 9:30 a.m. Delivers 10 AM snack to patients
Exception of 3D/2ICU/Rehab—Deliver to Nurse’s Station
 - 1:30 p.m. Delivers 2 PM snacks to patients
 - 4:30 p.m. Delivers HS snacks to Patient Unit Refrigerators during standard dinner meal service.
 - b. Cover and date all nourishments and label them with the patient’s name, room number, and bed number.
 - c. Deliver nourishments promptly to patient care units at specified time(s), or store them in the patient unit refrigerators for further consumption.
 - d. Discard nourishments stored in patient unit refrigerators within 24 hours of preparation.
3. Diet Clerk position prints snack tickets after verification of diet orders.

Approved by:  Charles Harrison Director, Food & Nutrition	Review/Revision Date: 6/2005 10/2007 6/2/2008
Review/Revision Completed By: Food & Nutrition	Next Review Date: 6/1/2011
Policies Superseded by This Policy:	

It is the responsibility of the reader to verify with the responsible agent that this is the most current version of the policy.