Name of Policy: **Psychosocial Evaluation of Potential Living Kidney Donors Policy Number:** 3364-140-05 **Department:** Kidney Transplant Administration (Nursing Service) Approving Chief Nursing Officer Officer: Director, Renal Transplant Program Responsible Transplant Coordinator Effective Date: May 1, 2021 Agent: Initial Effective Date: December 14, 2007 Scope: The University of Toledo Medical Center New policy proposal Minor/technical revision of existing policy Major revision of existing policy Reaffirmation of existing policy

## (A) Policy Statement

All potential living kidney donors will have a psychosocial evaluation prior to kidney donation.

## (B) Purpose of Policy

To ensure that all potential living kidney donors receive a psychosocial evaluation by a qualified health care professional prior to kidney donation.

## (C) Procedure

- 1. Psychosocial evaluations of potential living kidney donors may be completed by licensed social workers, psychologists or psychiatrists.
- 2. Psychosocial evaluations will be done on all potential living kidney donors prior to any donation.
- 3. If potential kidney donor doesn't donate within a year's time frame, a repeat psychosocial evaluation must take place.
  - a. Psychosocial evaluation will address the following:
    - 1) Social, personal, housing, vocational, financial, PHS Guideline questionnaire and environmental support.
    - 2) Coping abilities and strategies (including bereavement).
    - 3) Understanding of the risks of donation, identify any factors that warrant educational or therapeutic intervention prior to final donation decision.
    - 4) Ability to adhere to a therapeutic regimen.
    - 5) Mental health history, including substance or alcohol use or abuse and how it may impact the success or failure of organ donation.
    - 6) Donation is free of inducement, coercion and other undue pressures,

- 4. Psychosocial evaluations may be done at any time prior to donation. If a concern is voiced, it may be repeated as needed. If a living donor is from out of town/state a phone interview can be conducted by the social worker prior to potential donor arriving for donor nephrectomy.
- 5. If a potential living kidney donor requires referrals to outside agencies in regard to psychosocial issues, those referrals will be initiated by the transplant social worker or donor transplant coordinator. Follow up on referrals will be done by whoever initiated the referral and follow up information will be documented in the medical record.

| Approved by:  |      | <b>Review/Revision Date:</b> 1/1/2009 1/12/2010         |
|---|------|---|
| /s/ Todd Stec, RN Interim Chief Nursing Officer                                     | Date | 8/7/2012<br>10/10/12<br>5/21/15<br>5/1/2018<br>5/4/2021 |
| /s/ Michael Rees, MD Director, Renal Transplant Program                             | Date |   |
| Review/Revision Completed By:<br>Transplant Coordinator<br>Transplant Administrator |      | Next Review Date: 5/1/2024                              |
| Policies Superseded by This Policy:   |      |   |