Program Overview

Great leaders move us through basic human process – our emotions. Exceptional leaders are not just smart or lucky, but more frequently rely on their emotional intelligence (EI). Emotional intelligence is the ability to understand and manage oneself and to understand and work with others.

Program Objectives

As a result of this course, participants will:

- Learn how outstanding leaders harness the power of positive emotions
- Apply EI to themselves and their workplaces
- Identify strategies for enhancing their leadership and emotional intelligence
- Learn how to lead others more positively toward outstanding performance

Program Agenda

- What Makes Great Leaders?
- Defining Emotional Intelligence
- Identifying Emotional Competencies
  - Self Awareness Competencies
  - Self Management Competencies
  - Social Awareness Competencies
  - Relationship Management Competencies
- Presenting Examples of Emotional Intelligence in Action
- Understanding How Emotional Intelligence Drives Performance
- Connecting the Neuropsychology of Emotional Intelligence to the Emotional Process
- Recognizing the Impact of a Lack of Emotional Intelligence
- Identifying the Top 7 Reasons for Executive Derailment
- Describing Resonant Leadership and Styles of Leading
- Introducing the Self-Directed Change Model
- Planning for Continuous Leadership Development

About the Instructor

Dr. Margaret M. Hopkins is an Associate Professor of Management in the College of Business and Innovation at the University of Toledo. Her research interests are in the field of leadership, including leadership development, gender and leadership, executive coaching, and emotional intelligence. Her research has appeared in journals including Consulting Psychology Journal, Human Resource Management, Journal of Business Ethics, Journal of Management Education, Journal of Management Development, as well as in several edited volumes. She serves as an executive committee member of the Management Education and Development Division in the Academy of Management. She was awarded the College of Business and Innovation Graduate Faculty Teaching Award in 2011. Her consulting practice focuses on leadership development and executive coaching, working with clients in the private, public and non-profit sectors. Prior to joining academia, she held a number of managerial and leadership roles in the public sector.

If you wish to tailor this program for onsite training at your company, please contact Carrie Herr, CFCI Director, by calling 419-530-2037 or via email at carrie.herr@utoledo.edu.