



STUDENT RECREATION CENTER - MAIN CAMPUS

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------------------------|---|-----------------------------------|---|------------------------------------|
| 6:00-6:45 PM Zumba (FS) Dil | 6:15-7:00 AM Cycle (CR) Olivia | 7:00-7:45 PM Zumba (FS) Dil | 6:15-7:00 AM Cycle (CR) Holly | 6:15-7:00 AM Zumba (FS) Dil |
| | 9:00-9:45 AM Yoga (FS) Jacob | | 12:15-1:00 PM Cardio Drumming(FS) Waverly | 8:00-8:45 AM Yoga (FS) Jacob |
| | 4:30-5:15 PM Cycle (CR) Holly | | 5:30-6:15 PM Pilates (FS) Kayla | |
| | 5:30-6:15 PM Cycle (CR) Holly | | 7:00-7:45 PM Aqua Line Dancing (LP) Waverly | |
| | 5:30-6:15 PM Pilates (FS) Kayla | | 8:00-8:45 PM Aqua Line Dancing (LP) Waverly | |
| | 7:00-7:45 PM Cardio Line Dancing (FS) Waverly | | | |

CR- CYCLING ROOM
FS- FITNESS STUDIO
LP- LEISURE POOL

MORSE FITNESS CENTER - HEALTH SCIENCE CAMPUS

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--------|
| 12:15-12:45 PM Body Conditioning Vicki | 12:15-1:00 PM Cardio Drumming Waverly | 12:15-12:45 PM Body Conditioning Vicki | 5:15-6:00 PM Body Conditioning Melissa | |

ALL CLASSES REQUIRE REGISTRATION IN ADVANCE

1. Register for classes at WWW.UTRECCENTER.COM or through the FUSION GO APP.
2. For virtual classes, the link for your virtual class will be located on the receipt that will be emailed to you. If you are registered for a normal in-person class, no further action is needed.
3. If your class is virtual, use the link located on your virtual receipt to log in and enjoy your class!