PSY 1010 – 002: Principles of Psychology  
College of Language Literature and Social Sciences  
Fall 2015

MW 11 – 12:15 p.m.  
Driscoll 1019

Instructor  
Ms. J. Sullivan  
University Hall 5010B  
Jaclynn.Sullivan@rockets.utoledo.edu

Office Hours  
Monday and Wednesday  
9-10:30 a.m.

Teaching Assistant  
Lekha Vemuru  
Carlson Library Supplemental Instruction  
Lekha.Vemuru@rockets.utoledo.edu

Required Text

Lilienfeld et al., 2013. Psychology: From Inquiry to Understanding, 3rd edition, Pearson. You must have access to the e-text and Revel!

The least expensive option is to purchase the e-book and online materials either from the bookstore or directly at the publisher's website for about $70. If you prefer to have a hard copy of the textbook, you will still need to have the online access to Revel. You will be able to read the e-text from virtually any device, iPhone, iPad, Android, computer, etc. Virtually the entire course will be contained in Revel or Blackboard.

This course uses a Pearson digital product which contains important assignments and resources used throughout the semester. The required link below is unique to this course. Here is how to register:
1. Visit this link: https://console.pearson.com/enrollment/tftb7e
2. Sign in with your Pearson Account. You can either: sign in with an existing Pearson username and password OR create a new Pearson account if this is your first Pearson digital product.
3. Choose your course under 'My Courses' and choose an access option: redeem an access code that you got from your school's bookstore or purchase access online. There is a free trial if you are waiting for financial aid. You will receive about two weeks of
free guest access to Revel once the course begins, but after that you will have to purchase access either with or without a hardcopy textbook.

Course Description & Learning Objectives

This is a General Education Social Science Core course and there are no prerequisites. It is a survey of the branches of psychology and the scientific approach to the study of behavior. The Learning Objectives below are based on the UT Core and American Psychological Association Undergraduate Learning Goals and Outcomes. This course is part of the Ohio Transfer Module. It introduces students to the methods of inquiry for understanding behavior and an analysis of the scientific approach to psychological questions.

By the end of this class, you should be able to demonstrate knowledge and understanding representing appropriate breadth and depth in the following content areas of psychology:

1. Theory and research representing each of four general domains:
   • Learning and cognition
   • Individual differences, psychometrics, personality, and social processes
   • Biological bases of behavior and mental processes
   • Developmental changes in behavior and mental processes
2. The history of psychology including the evolution of methods, theoretical conflicts, and sociocultural contexts.
3. Relevant levels of analysis including cellular, individual, group/systems, and culture.
4. Themes, persistent questions, and enduring conflicts in psychology.
5. Research methods, designs, and strengths and limitations of these designs.

Requirements

Course Website: This course requires you to have access to two main sites, Blackboard and Revel. I will post updates, announcements, and lecture slides on Blackboard; keeping up with the course is your responsibility. Blackboard will also host our exams. If you are having problems accessing Blackboard, contact IT as soon as possible and they will assist you. Revel is the course website that accompanies our textbook. This is where your assignments will live, and the course calendar will be displayed here. It is important for you to regularly visit the calendar page to keep up with assignments, etc. If you experience problems with Revel, contact Pearson Learner Support via the link on the Revel page. Using both sites is important for your success in the course, so if you have questions, bring them up sooner rather than later.

Research Requirement: You are required to participate in research in the psychology department. If you cannot participate due to scheduling issues or would prefer
not to participate, you can fulfill this requirement by writing reports on scientific articles. You must fulfill this requirement one way or the other, or you will not pass the class. I repeat: You will fail the course if you do not participate in research or complete the reports. More on this is on Blackboard or the Psych Dept's website.
http://psychology.utoledo.edu/showpage.asp?name=researchRequire

**Policies**

**Contacting Me:** I am happy to help you out if you are struggling in the course, so feel free to stop by my office during my office hours. If you can't make it during those times, shoot me an email and we will work something out. Setting up an appointment in advance is ideal and email is the best way to get in touch with me. There will be times when I am out of my office to run an errand in the building so if I know we're meeting, I will make sure to be there. Please use the address above instead of Blackboard or Revel email (I don't check them). Before you email me, double-check the syllabus. If your question is addressed somewhere therein, I will not respond to your email. I rarely respond to emails between 10 p.m. and 8 a.m. Please do not email me repeatedly if I do not respond within a couple of hours... I probably received your first email and I will reply as soon as I am able. (Please use the same guidelines to contact your TA.)

**Attendance:** Please arrive to class on time and do not leave early. I do not take attendance. Many students work full- or part-time or have families, and I do not need to know why you missed lecture. However, if you choose not to come to class, you will not earn a passing grade. Exam content is largely drawn from the lecture materials, and I do not post audio of my lectures on the course website and I will not email you my slides. If you miss class, get notes from a classmate and review the supplementary materials online. If you have further questions, please come to office hours with a list of specific issues. If you know that you will be out of town (athletic event, family obligation, etc.), please email me in advance and I will provide you with additional content to make up for when you will be gone.

**Course Materials:** With the exception of the lectures, content can be found on Revel. I will post “outline” slides in PDF format on Blackboard at the beginning of each unit. These slides will not include everything you need to know, which is why you should come to class. Please do not ask me to post slides with the full content on them. I will also post each unit's assignments to Revel a week before they are due, so you have plenty of time to work on them. I do not consent to be photographed or recorded during my lectures unless you have explicit permission from the University or me. This includes photographing or recording my lectures on your phone, laptop, tape recorder (are these still
around?), or any other device. So please do not pull out your iPad to take pictures of slides instead of writing the information yourself.

**Academic Integrity:** Please don’t cheat. Individual assignments should reflect your own work, although it can often be helpful to discuss readings with other students. If you cheat, plagiarize, or falsify any requirements for this course, you will receive 0 points for the assignment on your first offense. If you cheat or plagiarize again, you will be reported to the University. Read UT’s policy on academic integrity for further information.

**Procrastination and Late Assignments:** Keep up with the assignments and you’ll do well in the course, assuming you also come to lecture. Life happens, so give yourself plenty of time to account for things you cannot control. I’m much more likely to work with you on technical difficulties if it’s more than 24 hours before the deadline. As far as late assignments are concerned, I do not accept them. Do not ask. I understand that extenuating circumstances do arise (e.g., sick child, car accident, etc.), and I will make reasonable accommodations in these situations if provided with documentation within 24 hours of the due date.

**Academic Accommodations:**
The University is an equal opportunity educational institution. Please read The University’s Policy Statement on Nondiscrimination on the Basis of Disability Americans with Disability Act Compliance.)

The University of Toledo is committed to providing equal access to education for all students. If you have a documented disability or you believe you have a disability and would like information regarding academic accommodations/adjustments in this course please contact the Student Disability Services Office.) If you require accommodations, please email me to discuss exactly what you need.

**Etiquette**

**Phones:** I think it goes without saying that you should not be talking or texting on your phone during class. Your phones should be on silent, not vibrate. Please don’t text in class. It’s only an hour and fifteen minutes... if something is urgent enough that you need to take a call or text, please sit near the back and excuse yourself to the hall until your business is completed. If I have to ask you to put your phone away more than once, you will be asked to leave. Please refrain from using headphones or earbuds during class, even if your music is turned off. It is disrespectful and you are wasting your time coming to class if you’re not going to listen to the lecture.

**Eating:** If you can eat a snack that is quiet and mess-free, I don’t have a problem with eating during class. Noise from a bag of chips or candy bar is very distracting to
everyone. Additionally, if it has the potential to spill, leak, or spoil, don't eat or
drink it during class. Please don't sit down with your Magic Wok noodles or
Subway sandwich and chow down during class. Not only is it inconsiderate to the
instructor, but aromas from your food may cause issues for other students
(headaches, allergies, etc.). A very important note: If I notice that students are
not cleaning up after themselves after class, I will revise this policy to be
substantially more stringent.

**Hygiene:** There are 100 people in this room. Odors (both from your body and from a
perfume/cologne bottle) diffuse surprisingly quickly, and many students are
sensitive to powerful smells. Please don't clip your nails or style your hair during
class either (it's sad that I have to specify that...).

**Laptops/Tablets:** I will ask that you keep your web-surfing to a minimum and use the
power of technology to take notes while you're here, but I know you will
inevitably end up on Facebook. Despite what many students (and humans in
general) believe, we are pretty terrible multitaskers. So if your goal is to learn,
keep focused and off the internet.

**Netiquette:** Treat everyone you meet with respect. This includes face-to-face and
online interactions. Consider emails as formal communications between you and
your instructors, and please refrain from starting your email with “Hey” or “You
need to...”. Your emails should contain a salutation (e.g. “Hi Instructor Sullivan”) and your signature (just your name will do). I won't answer emails that are
clearly written without thought. Please be kind and courteous to your classmates
(and to me!) when you interact with them... A “please” will take you much
further in my class than a demand.

**Course Components**

**Exams:** There will be four unit exams and a final exam. The final covers the last unit
and also contains a cumulative portion, so it will be longer and is worth more
points than the others. The unit exams will be composed of 50 questions and the
final will be 100 questions; exams will be multiple-choice and a few fill in the
blanks. You may not use books, notes, or friends on the exams... you should just
be using your own brain. I am tentatively allowing a class period to be used for
an exam day, but if we cannot finish the unit in time, exams will be taken in a
proctored computer lab (UH 5000) on Blackboard. I will post announcements on
Blackboard to communicate whether a class period will be available to take the
exam. You may visit the lab to take your exam any time the lab is open when the
exam is available. However, multiple instructors utilize this lab for proctored
exams, so it does get busy at times. They are also NOT open on Fridays.

**Do:**
• **Bring a photo ID to the lab.**
  • Remember the course name (Introductory Psychology) and my name (Sullivan) to check in faster. Just saying “psychology” isn’t enough.
  • Plan ahead. There is no guarantee that you will be able to take the exam if the lab is busy.

**Do Not:**
• Arrive at the lab less than an hour before it closes for the day; you will not be permitted to take the exam.
• Try to cheat. The proctors will text me immediately if they see you doing something sketchy. **Any use of your phone during an exam will be considered cheating.** Put it away before you walk into the exam room.
• Use the computers for non-exam related work (printing documents, email, etc.). Get in, get out.
• Complain to me that “you couldn’t do the exam because the lab wasn’t open”. You have more than enough time allotted to get in to take the exam while it is open.
• See the lab’s hours here: [http://psychology.utoledo.edu/showpage.asp?name=5150F](http://psychology.utoledo.edu/showpage.asp?name=5150F)

**REVEL Quizzes:** There will be quizzes at the end of each chapter. The end of chapter quizzes are worth 75 points (25 questions at 3 pts each). You will have 3 attempts at a perfect score on the chapter quizzes, with a 1 pt deduction for each attempt. These have specific due dates, which will be clear to you in REVEL. There are also mini “module” quizzes along the way while you’re reading the book. I suggest you do them, but they are not for a grade.

**REVEL Writing Assignments:** This course fulfills certain state requirements that encourage integrating a writing component. Therefore, you will complete several writing assignments within REVEL. These short essays are automatically graded by an online AI and you will receive feedback based on your performance. You can earn up to 20 points on each writing assignment. You’ll be responsible for earning a total of 80 points from the writing assignments. You will have the opportunity to write 8 essays, so plan accordingly. Any points you earn beyond 80 will be extra credit (up to 25 pts of extra credit. I will cap the extra credit you receive through writing assignments at 25 pts). For example:

• You could complete 4 assignments and earn 20 points on each (80 total)
• You could complete 7 assignments and earn 15 points on each (105 total – the 25 points would be extra credit)
• You could complete 6 assignments and earn 18 points on each (125 total – you would earn the max 25 pts extra credit)
• And so on...
Rubrics for each prompt are available on REVEL so you can review the criteria for each essay before you begin. These assignments are not automatically added in to the REVEL grade book, so the TA will manually add them periodically. They will have individual due dates and will not be available after that date. Note: the AI screens for plagiarism, so don’t try it. See my policy on Academic Integrity (above).

Focus Questions: At the end of each chapter PowerPoint, I have questions from the chapter. If you’re in class, you should complete these on a half sheet of paper with your name on it and hand it into the TA at the end of the class. No matter how many you get right, you will get about 3 points per set (each set has 4-5 questions) as participation points. If you complete each set of questions throughout the semester, you would earn 50 points, which is the same as a test. I use these questions on my exams, and will review the answers in the following class. If the TA doesn’t get your sheet with your name, you don’t get points. If you want the points, you’ll make sure the TA gets yours.

Extra Credit: As a general rule, I don’t curve. However, I know that life happens and you can’t always be prepared for everything. As a way to allow you to compensate for things that may come up during the semester, I will be offering an extra credit syllabus quiz. You can complete this on Blackboard from home. This syllabus is long and contains a lot of information, but I think it’s important for you to read and understand the course policies so you can succeed. This quiz will be worth up to 10 points, which is enough to bump your grade up a bit (i.e. from a B+ to an A-). This quiz will only be open for a week, so read the syllabus a few times and get some easy points! The best part: it’s open-note © Our exams will be open 3 days (of open lab time Monday – Thursday) and if you take it the first day its open, I will give you 2 points of extra credit on the exam. I may also offer extra opportunities for you to earn points if I see a widespread need for it. Those will be explained as necessary.

Course Pretest: UT is in the process of reviewing learning objectives for its core courses, so you will complete a course pretest. This is not for a grade! It is considered a “for credit” assignment, and it’s only 36 questions. You must complete this pretest as per the university’s program review and to be eligible for extra credit in the course. It will be due at the end of the first week of classes. You can complete it on Blackboard from home. I may offer extra credit for this.

Other Course Material: Revel is full of resources for you to enhance your learning experience. There is too much content for me to assign for an introductory course, so I assign things that I think are interesting or important. Some things that may be helpful when you review for exams:
• I highly recommend completing the Module Quizzes for each chapter, as they are essentially an interactive study guide for exams. You can do them multiple times so you get the most out of studying.
• Additional videos and simulations in Revel may help you review material, and they can be found within the chapters. Only some of them are actually assigned, but you may find others helpful.

**Grading Criteria**

<table>
<thead>
<tr>
<th>Component</th>
<th>Points</th>
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<tbody>
<tr>
<td>REVEL Quizzes</td>
<td>Assigned and graded in REVEL</td>
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<tr>
<td>Writing Assignments</td>
<td>1-20 pts. per activity</td>
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<tr>
<td>Focus Questions</td>
<td>1 set of q. per chap, ~3 pts per set</td>
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<tr>
<td>Exams (1-4)</td>
<td>1 per unit, 50 pts. each</td>
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<tr>
<td>Cumulative Final Exam</td>
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<td><strong>Total</strong></td>
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*Note:* Your final grade will be based on the points you earn, not a percentage. Grades are earned, not given, so I do not round. There will be no negotiation about rounding.
<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Reading</th>
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<tbody>
<tr>
<td>8/24</td>
<td>Course Overview; Textbook &amp; Sona Presentation</td>
<td>Chapter 1</td>
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<tr>
<td>8/26</td>
<td>Psychology &amp; Scientific Thinking</td>
<td>Chapter 2</td>
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<td>8/31</td>
<td>Psychology &amp; Scientific Thinking; Research Methods</td>
<td>Chapter 3</td>
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<tr>
<td>9/2</td>
<td>Biological Psychology</td>
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<td>9/7</td>
<td>NO CLASS – LABOR DAY</td>
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<td>9/9</td>
<td>Sensation &amp; Perception</td>
<td>Chapter 4</td>
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<td>9/14</td>
<td>Unit 1 Wrap Up Class – As Needed</td>
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<td>9/16</td>
<td>Consciousness</td>
<td>Chapter 5</td>
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<tr>
<td>9/21</td>
<td>Consciousness; Learning</td>
<td>Chapter 6</td>
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<td>9/23</td>
<td>Learning</td>
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<tr>
<td>9/28</td>
<td>Memory</td>
<td>Chapter 7</td>
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<td>9/30</td>
<td>Memory</td>
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<td>10/5</td>
<td>NO CLASS – FALL BREAK</td>
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<td>10/7</td>
<td>Thinking, Reasoning, &amp; Language</td>
<td>Chapter 8</td>
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<td>10/12</td>
<td>Thinking, Reasoning, &amp; Language; Intelligence and IQ Testing</td>
<td>Chapter 9</td>
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<td>Chapter 10</td>
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<td>10/21</td>
<td>Unit 3 Wrap Up Class – As Needed</td>
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<td>10/26</td>
<td>Emotion &amp; Motivation</td>
<td>Chapter 11</td>
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<td>10/28</td>
<td>Emotion &amp; Motivation; Stress, Coping, &amp; Health</td>
<td>Chapter 12</td>
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<td>11/2</td>
<td>Stress, Coping, &amp; Health</td>
<td>Chapter 13</td>
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<tr>
<td>11/4</td>
<td>Social Psychology</td>
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<td>11/9</td>
<td>Social Psychology</td>
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<td>11/11</td>
<td>NO CLASS – VETERANS DAY</td>
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<td>11/16</td>
<td>Personality</td>
<td>Chapter 14</td>
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<td>11/18</td>
<td>Personality; Psychological Disorders</td>
<td>Chapter 15</td>
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<td>11/23</td>
<td>NO CLASS – CONFERENCE</td>
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<td>11/25</td>
<td>NO CLASS – THANKSGIVING BREAK</td>
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<td>11/30</td>
<td>Psychological Disorders</td>
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<td>12/2</td>
<td>Psychological &amp; Biological Treatments</td>
<td>Chapter 16</td>
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<td>12/7</td>
<td>Psychological &amp; Biological Treatments</td>
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<td>12/9</td>
<td>Make up day – as needed</td>
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**Unit 5 & Cumulative Final Exam:** Thursday, 12/10/15 through Wednesday, 12/16/15