

RECREATIONAL THERAPY

Name _____ R# _____ Date _____

Course Number	Course Name	Pre-Req. *Co-Req.	Date Completed	Approved Sub.	Grade	Credit Hours
Core Curriculum: Students must earn a C average or higher in the core curriculum.						
Skills Area (10 hours)						
ENGL 1110	Composition I					3
Comp II	ENGL 2960 Organizational Report Writing (Recommended)	Comp. I				3
MATH 1180	Mathematics for Liberal Arts	Math 0980				3
HHS 1000	Health Science and Human Service Orientation					1

Competency Areas Students may satisfy one of the two multicultural requirements with at most one course that simultaneously fulfills a second area of the core.						
Humanities/Fine Arts (6 hours) (select one additional course from the University Catalog; no more than one course from any discipline):						

Social Sciences (6 hours) (select one additional course from the University Catalog; no more than one course from any discipline):						
PSY 1010	Principles of Psychology					3
SOC 1010	Introduction to Sociology					3

Natural Sciences (11 hours) (select one additional course from the University Catalog; no more than one course from any discipline) *Minimum grade of a "C" in all KINE courses.						
KINE 1560	Fundamentals of Human Anatomy and Physiology					
KINE 1460	Fundamentals of Human Anatomy and Physiology Lab					
*KINE 2560 and 2460	Anatomy & Physiology I and Anatomy & Physiology I Lab	PRE-OT ONLY				3
						1
*KINE 2570 and 2470	Anatomy & Physiology II and Anatomy & Physiology II Lab	PRE-OT ONLY	KINE 2560			3
			KINE 2460			1

Multicultural Studies (6 hours) select one course from Diversity of U.S. Culture and one from Other Than U.S. (Non-Western) for a total of 6 hours from the University Catalog:						

Pre-professional Support Courses (24 hours) Students must complete RCRT 1300,1310,2300,3310 and4720 with a "C" grade or higher; and complete HEAL 1800, PSY 2200 and 2510 with a "B-"or higher.						
*HEAL 1800	Medical Terminology					3
*PSY 2200	Abnormal Psychology	PSY 1010				3
*PSY 2510	Lifespan Developmental Psychology	PSY 1010				3
*RCRT 1300	Principles of Recreation					3
*RCRT 1310	Recreation Programming	RCRT 1300				3
*RCRT 4000	Community and Event Planning					3
*RCRT 3310	Inclusive Recreation					3
*RCRT 4720	Introduction to Therapeutic Recreation					3

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Professional Recreational Therapy Courses (43 hours)						
Acceptance into the Professional Recreational Therapy courses requires completion of RCRT 1300,1310,2300,3310 and4720 with a "C" grade or higher; and completion of HEAL 1800, PSY 2200 and 2510 with a "B-"or higher. An Overall GPA of 2.7 is also required.						
RCRT 3710	Leadership & Administration in Outdoor Pursuits	RCRT 1310, 2300				3
RCRT 4330	Administration in Recreation & Rec. Therapy (Spring semester only)	RECT Prog. Acceptance				3
RCRT 4340	Leisure Recreation & Aging	RCRT 1310, 2300				3
RCRT 4450	Research Applications in Rec. & Rec. Therapy	RECT Prog. Acceptance				3
RCRT 4600	RT Intervention: Therapeutic Arts	RCRT 1310, 4720				1
RCRT 4610	RT Intervention: Horticulture Therapy	RCRT 1310, 4720				1
RCRT 4620	RT Intervention: Animal Assisted Therapy	RCRT 1310, 4720				1
RCRT 4630	RT Intervention: Therapeutic Activities	RCRT 1310, 4720				1
RCRT 4640	RT Intervention: Therapeutic Groups	RCRT 1310, 4720				1
RCRT 4660	RT Intervention: Relaxation & Stress Management	RCRT 1310, 4720				1
RCRT 4670	RT Intervention: Leisure Education	RCRT 1310, 4720				1
RCRT 4680	RT Intervention: Assistive Technology & Techniques	RCRT 1310, 4720				1
RCRT 4690	RT Intervention: Aquatic Therapy	RCRT 1310, 4720				1
RCRT 4860	RT Intervention: Therapeutic Fitness	RCRT 1310, 4720				1
RCRT 4730	Medical & Clinical Aspects in RT					3
RCRT 4740	Assessment & Documentation in RT					3
RCRT 4750	Group Dynamics & Leadership in RT					3
RCRT 4790	Medical & Clinical Aspects of Therapeutic Rec II					3
RCRT 4870	Program Planning in Recreational Therapy					3
RCRT 4800	Clinical: Physical Rehabilitation	RCRT 4730, 4740 & 4750				1
RCRT 4810	Clinical: Psychiatric Rehabilitation	RCRT 4730, 4740 & 4750				1
RCRT 4820	Clinical: Mental Retardation/Developmental Disability	RCRT 4730, 4740 & 4750				1
RCRT 4830	Clinical: Geriatric	RCRT 4730, 4740 & 4750				1
RCRT 4840	Clinical: Pediatric	RCRT 4730, 4740 & 4750				1
RCRT 4850	Internship Preparation: Recreational Therapy	RECT Prog Acceptance				1
Culminating Experience: (14 hours)						
RCRT 4770	Project Design: Recreational Therapy (summer only)	RECT Prog Acceptance				2
RCRT 4780	Project Evaluation: Recreational Therapy (summer only)	RECT Prog Acceptance				2
RCRT 4940	Recreational Therapy Internship (summer only)	RCRT 4800-4840				10

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Choose one or more of the following tracks:						
Track: Psychology Minor (15 hours) Students must apply to the College of Arts & Sciences for minor. 133 credit hours for graduation						
Select three courses from the following: PSY 3200 Personality and Individual Differences, 3210 Clinical Psychology, 3220 Psychopathology of Childhood, 3500 Adolescence, 3510 The Adult Years or 3700 Small Group Behavior						
PSY 2400	Cognitive Psychology	PSY 1010				3
PSY 2700	Social Psychology	PSY 1010				3
PSY						3
PSY						3
PSY						3
Track: Pediatric (6 hours)						
Select two courses from the following: AED 4140 Art Education for Special Child, 4240 Adaptive Methods in Therapeutic Art for the Child; SLP 2400 Communication Disorders, 3030 Normal Language Acquisition; PSY 3220 Psychopathology of Childhood, HEAL 3100 Health Education for Early Childhood or HEAL 4400 health Problems of Youth						
						3
						3
Track: Geriatric (6 hours)						
HEAL 3800	Death & Dying					3
HEAL 4560	Health Problems of Aging					3
Track: Communication (6 hours)						
Select two courses from the following: SLP 2400 Communication Disorders, 3010 Clinical Phonetics, 3020 Anatomy & Physiology of Speech and Hearing Mechanism, 3030 Normal Language Acquisition, SPED 3670 American Sign Language I, and SPED 3680 American Sign Language II.						
						3
						3
Track: General (6 hours) Select two courses from any Track Courses or other elective courses approved by advisor.						
						3
						3
Track: Therapeutic Arts (6 hours)						
AED 4300	Media & Methods in Therapeutic Art					3
AED 4560	Introduction to Therapeutic Art					3
Track: Pre-Occupational Therapy (6 hours) Please check requirements of all OT programs that you are considering.						
BIOL 1120	Survey Of Biology					3
OCCT 2550	Purposeful Living Role of Occupational Therapy					3

At least 126 semester hours required for graduation.