

EDUCATION

- PhD** **Doctor of Philosophy**
Major: Health Education
Cognate/Minor: Sociology
The University of Toledo
Toledo, Ohio
Dissertation Title: The Role of School Nurses in Early Detection of Eating Disorders: An Application of PAPM and the 5 A's Approach
Date Conferred: December 2016
- MPH** **Master of Public Health**
Major: Health Promotion and Education
University of Toledo & Bowling Green State University
Toledo, Ohio/Bowling Green, Ohio
Date Conferred: May 2007
- BSW** **Bachelor of Science in Social Work**
Minor: Sociology
Bowling Green State University
Bowling Green, Ohio
Date Conferred: August 2004

EMPLOYMENT

- 03/2019-Present **Assistant Professor, Research Scientist track**
Department of Psychiatry
The University of Toledo Medical Center
Main responsibilities include:
- Provides guidance and direction to students and faculty seeking to perform research activities
 - Assists with completion of IRB submissions as needed
 - Assists residents with completion of QI projects in their 3rd year
 - Performs innovative research related to the intersection of public health and psychiatry
 - Mentors students and residents
 - Seeks grant funding for existing and proposed research projects
 - Manages on-boarding of all MSW interns and psychology externs to department
 - Participates in resident didactics and lectures as needed
 - Created and managed UTMC's "COVID-19 Stress Hotline" from April -June 2020
- 05/2014-03/2019 **The University of Toledo Medical Center**

Ryan White Program Assistant Director

Directed the daily operations of the Ryan White Program including managing grant activities, as well as staff who provide clinical and social services to patients living with HIV.

- Managed over 25 Ryan White staff;
- Responsible for budget management of over \$3 million dollars including HRSA Ryan White grants and the Ryan White 340B revenue program;
- Served as point of contact for HRSA funded programming;
- Assisted the Medical Director in day-to-day operations of clinic;
- Oversaw the operations of the UTMC HIV Testing Program;
- Prepared HRSA grant applications, budgets, and reports;
- Served on various boards and committees related to HIV/AIDS.

01/2012-05/2014

**Nationwide Children's Hospital
Sponsored Projects Officer**

- Managed grants throughout their life cycle, including application/submission, reporting and re-budgets, and close-out (both federal and nonfederal funds);
- Handled budgets including personnel and staffing of grants and grant-funded programs;
- Ensured compliance with sponsor and/or federal requirements, including handling personnel time and efforts;
- Negotiated contracts with sponsors/funding agency and other departments such as purchasing and marketing.

Program Coordinator – Center for Injury Research and Policy

- Created, implemented, and evaluated a statewide, grant-funded program involving educating fire and EMS agencies on social media use so that they can use this popular form of media to do injury prevention and safety education in their communities;
- Developed injury and safety messages for the program participants to share via social media;
- Created a centralized website where participants received program information and completed learning modules, using health education theories to guide content creation;
- Supervised interns and managed team members that contributed to program.

8/2008-01/2012

**The University of Toledo
Toledo, Ohio****Doctoral Graduate Assistant/Instructor**

- Created and taught undergraduate health classes within the School of Population Health;
- Conducted research with faculty members;

- Assisted with student recruitment by creating a line of brochures and handouts for all the majors/programs in the department.

10/2007-08/2008

Mercy Health Partners
Toledo, Ohio
Health Educator

- Taught weight-loss and nutrition-oriented classes at Mercy Weight Management Center, a medical weight loss facility;
- Maintained a case load of ~75 patients, tracked their weight loss, provided support and education to help them meet their health-related goals.

PROFESSIONAL ASSOCIATIONS AND COMMITTEES

Institutional Committees

The University of Toledo Medical Center Committees

- 2019-Present Dean's Advisory Committee on Diversity and Inclusion
Standing Committee Member
- 2019-Present Criminal History Review Committee
Standing Committee Member

Department of Psychiatry Committees

- 2020-Present CME Committee
Chair
- 2019-Present Psychology Extern Education and Training
Standing Committee Member
- 2019-Present Medical Education Sub-Committee
Standing Committee Member
- 2019-Present Research Committee
Standing Committee Member

State-Wide Committees

- 2014-2019 **Northwest Ohio Community Planning Group for HIV Prevention**, Member
 University of Toledo Representative
- 2014-2019 **Ryan White Part B State-Wide Advisory Group**, Member
- 2014-2019 **Ryan White 340B Advisory Board**, Co-Chair

National Committees

- 2016-Present **American Public Health Association**, Member
 Tracks: Sexual and Reproductive Health; HIV/AIDS
 Involvement: Reviewer for HIV/AIDS Session Abstracts

TEACHING

Medical School Courses Taught

University of Toledo – Health Science Campus

- Fall 2019: Lifestyle Medicine
- Spring 2020: Human Sexuality

Physician Assistant Courses Taught**University of Toledo – Health Science Campus**

- Fall 2020: Human Sexuality

Undergraduate-Level Courses Taught**The University of Toledo**

Served as the instructor for the following courses, including management of the course from creating the syllabus to writing and grading exams.

- First Aid (Fall 2008, Spring 2011),
- Personal Health (Spring 2009, Fall 2009),
- Prevention and Control of Disease (Spring 2010),
- Mental Health, Distance Learning (Fall 2010),
- Drug Awareness, Distance Learning (Summer 2011, Spring 2012),
- Human Sexuality, Distance Learning (Fall 2011).

Undergraduate-Level Courses Taught**Bowling Green State University**

Served as the instructor for the following courses, including management of the course from creating the syllabus to writing and grading exams.

- Medical Terminology (Fall 2018, Spring 2019, Fall 2019),
- Emerging Infectious Diseases (Fall 2018).

RESEARCH AND GRANTS**Published Research**

Dowling, J., Duggan, J., Thompson, A. (2020). Critical Linkages: Opiate Addiction and Elevated Risk of Human Trafficking. *eHearsay*, 10(2).

Dowling, J., Thompson, A. Dake, J., Boardley, D., Hendershot, C. (2019). The Role of School Nurses in Early Detection of Eating Disorders: An Application of PAPM and the 5 A's Approach. Under Review. *Journal of School Health*.

Price JH, Thompson A, Khubchandani J, Wiblehauser M, **Dowling J**, Teeple K. (2013) Perceived roles of Emergency Department physicians regarding anticipatory guidance on firearm safety. *The Journal of Emergency Medicine*. 44: 1007-16.

Thompson A., Kerr D. & **Dowling J.** (2012). Advocacy 201: Incorporating Advocacy Training into Health Education Professional Preparation Programs. *Health Education Journal*, 71(3): 268-277.

Hendershot C., Pakulski L., Thompson A. & **Dowling J.** (2011). School nurses' role in identifying and referring children at-risk for noise induced hearing loss. *Journal of School Health*, 27(5): 380-389.

Thompson A., Price J., Khubchandani J. & **Dowling J.** (2011). Sheriffs Perceptions of Firearm Polices. *Journal of Community Health*, 36(5): 715-720.

Welch P., Braun R., Davidson B. & **Dowling J.** (2009). Breast Cancer Survivorship: A Survey of

'Race for the Cure' Participants. The Health Education Monograph of Eta Sigma Gamma, 26(2), 28-33.

Dowling J., Thompson A. & Price J. (2009). Campus Communities and Firearm Violence: Fighting Crime by Arming our Students and Faculty? The Health Education Monograph of Eta Sigma Gamma, 26(2), 23-27.

National Professional Presentations

Williams, K., **Dowling, J.**, Knox, M., Lynch, D. (October 2020). *Poor adult mental health, the number of primary care practicing physicians, and opioid prescriptions: What is the link?* Oral Presentation at the annual meeting of the American Public Health Association, San Francisco, CA.

Knox, M., Klag, N., **Dowling, J.** (October 2020). *The ACT raising safe kids child maltreatment prevention parent program: One-year outcomes.* Oral Presentation at the annual meeting of the American Public Health Association, San Francisco, CA.

Kopaniasz, K., **Dowling, J.** (October 2020). *Creation of an opioid response team (ORT): Fighting the epidemic.* Oral Presentation at the annual meeting of the American Public Health Association, San Francisco, CA.

Lewis, C., Williams, K., Garcia., K., **Dowling, J.**, Chen, Yixing, Kelly, V. (June 18-20, 2020). *Does One Size Fit All? Standardized Patients vs. Simulated Patients.* San Diego, CA.

Dowling, J., Knox, M., Lynch, D., Meadows, E., Chela, A., Williams, K. (April 2020). *Poor Mental Health, Poverty, and Opioid Prescriptions: What are the Relationships?* Presentation at American Psychiatric Association Annual Conference, Philadelphia, PA.

Dowling, J., Deschtler, L., Topp, R., Lokia, D., Matus, C. (April 2020). *Knowledge and perceptions of health professions students toward opioids.* Presentation at American Psychiatric Association Annual Conference, Philadelphia, PA.

Dowling, J., Duggan, J., Stewart, C. (April 2019). *Creation of a multi-site needle exchange program in Northwest Ohio: Preliminary Results.* University of Toledo Research Symposium, Toledo, OH.

Dowling, J., Himich, K., Duggan, J. (December 2018). *How a Local Hepatitis A Outbreak Inspired a Program to Evaluate and Improve their HAV Vaccination Structure.* Poster Presentation at the biennial HRSA Ryan White Conference, Washington, D.C.

Dowling, J., Himich, K., Duggan, J. (December 2018). *How to Successfully Navigate Program Growth While Continuing to Meet HIV Care Objectives;* Oral Presentation at the biennial HRSA Ryan White Conference, Washington, D.C.

Dowling, J., Himich, K., Duggan, J. (December 2018). *Effective Utilization of Consumer Advocates: The Peer Approach to HIV Care and Social Support;* Oral Presentation at the biennial HRSA Ryan White Conference, Washington, D.C.

Dowling, J., Thompson A., Duggan, J., Kerr, J. (2018, November 13). *Lessons Learned from a Newly Created Needle Exchange Program: Challenges and Successes.* Oral Presentation at the annual meeting of the American Public Health Association, San Diego, CA.

Thompson, A., Duggan, J., **Dowling, J.**, Stewart, C., Kerr, J. (September 2018). *Critical Linkages: Opiate Addition and Elevated Risk of Human Trafficking.* Oral Presentation at the annual National Human Trafficking and Social Justice Conference, Toledo, OH.

Dowling Tawes, J., Himich, K., Duggan, D. (2016, August 12). *Recent Best Practices: HIV Care Continuum Related Program Improvements.* Poster Presented at the biennial HRSA Ryan White Conference, Washington, D.C.

- Dowling Tawes, J., Himich, K., Duggan, D.** (2016, August 12). *Best Practices for Patient Retention*. Poster Presented at the biennial HRSA Ryan White Conference, Washington, D.C.
- Dowling Tawes, J., Himich, K., Duggan, D.** (2016, August 12). *Reducing Waste while Information Sharing*. Poster Presented at the biennial HRSA Ryan White Conference, Washington, D.C.
- Dowling Tawes, J., Thompson, A., Dake, J., Boardley, D., Hendershot, C.** (2016, October 31). *The Role of School Nurses in Early Detection of Eating Disorders: An Application of PAPM and the 5 A's Approach*. Poster Presented at the annual meeting of the American Public Health Association, Denver, CO.
- Price J., Thompson A., Khubchandani J., Wiblehauser M., & **Dowling J.** *Perceived Roles of Emergency Department Physicians Regarding Anticipatory Guidance on Firearm Safety*. Society of Behavioral Medicine Meeting, April 2011.
- Thompson A., Khubchandani J., Price J., & **Dowling J.** *Sheriffs Perceptions of Firearm Policies*. American Public Health Association Annual Meeting, November 2009.
- Welch P., Braun R., **Dowling J.**, Jordan T., Thompson A. *Breast Cancer Survivorship: A Survey of 'Race for the Cure' Participants*. ASHA/ESG Annual Meeting, November 2009.
- Dowling J., Veitch A., & Papini A.** 2004. Take Action! What can YOU do about sexual assault? Mosaic: Annual Conference on Women's Issues. Carnegie Mellon University.

Other Presentations

- Dowling, J.** How to talk to patients about sexual health. Faculty/Student Education Session held at Interprofessional Immersive Simulation Center (SIM Center) Theater- Room 1200, January 15, 2020.
- Dowling, J.** *Research Ethics*. Psychiatric Resident Didactics. August 29, 2019.
- Dowling, J.** *Research 101*. Psychiatric Resident Didactics. July 18, 2019.
- Dowling J., Duggan J.** *HIV, Hepatitis C, and Opioids: Keynote Talk*. Midwest Atlantic AIDS Education Training Center, hosted by Wayne State University on May 15, 2019.

Recent Grant Submissions

- Massachusetts Institute of Technology (MIT) Solve Grants. *Keeping Kids Safe - Pandemic Challenges*. Submitted June 17, 2020 – pending.
- Booz Allen Foundation Innovation Fund. *Keeping Kids Safe – Pandemic Challenges*. Submitted June 4, 2020 – pending.
- The University of Toledo Medical Center. College of Nursing-College of Medicine and Life Sciences Collaboration Grant. *Health Professional Students' Perceptions of the Opioid Crisis*. \$20,000 requested. Submitted March 19, 2020. Funded pending University budget approval.
- Health Resources and Services Administration (HRSA). HRSA-19-038. Strengthening Systems of Care for People Living with HIV and OUD. \$2,647,896 requested annually over three-year period. Submitted April 12, 2020. Not funded.