



**ROCKET WELLNESS®**  
THE UNIVERSITY OF TOLEDO

# National Alcohol, Tobacco and Other Drug Resources

## **Narcotics Anonymous**

[www.na.org](http://www.na.org)

## **Alcoholics Anonymous**

[www.aa.org](http://www.aa.org)

## **The National Center on Addiction and Substance Abuse**

[www.centeronaddiction.org](http://www.centeronaddiction.org)

## **National Institute on Alcohol Abuse and Alcoholism**

[www.collegedrinkingprevention.gov](http://www.collegedrinkingprevention.gov)

## **Substance Abuse and Mental Health Services Administration**

[www.samhsa.gov/find-help/national-helpline](http://www.samhsa.gov/find-help/national-helpline)

## **Tobacco Cessation Information**

[www.smokefree.gov](http://www.smokefree.gov)

[betobaccofree.hhs.gov/quit-now/index.html](http://betobaccofree.hhs.gov/quit-now/index.html)

[www.quitnow.net/Program](http://www.quitnow.net/Program)

## **Campus Drug Prevention**

<https://www.campusdrugprevention.gov/views-from-the-field/addressing-marijuana-use-college-setting>