


Name of Policy: <u>Patient nourishments</u> Policy Number: 3364-104-307 Department: Food & Nutrition Approving Officer: Director, Food & Nutrition Responsible Agent: Food & Nutrition Management Scope: Food & Nutrition Services	 Effective Date: 6/1/2022 Initial Effective Date: 8/2002
<input type="checkbox"/> New policy proposal <input checked="" type="checkbox"/> Minor/technical revision of existing policy <input type="checkbox"/> Major revision of existing policy <input type="checkbox"/> Reaffirmation of existing policy	

(A) Policy Statement

It is the policy of the Food and Nutrition Services Department to serve nourishments routinely to patients who require between-meal feedings and/or evening snacks including those on modified diets and patients with increased energy/protein needs.

(B) Purpose of Policy

To develop and maintain a system to provide nourishments to patients to provide appropriate nutritional care as ordered by the physician, dietitian, or as included in prescribed diet.

(C) Procedure

Serve between-meal snacks to patient as follows:

1. The physician, nurse, dietitian or diet technician may request between-meal nourishments for patients. HS Snacks are automatically included in carbohydrate-controlled diet and are available in the nursing units nourishment room. Between meal snacks are automatically included in other prescribed diets.
2. The food service worker will perform the following duties:
 - a. Prepare nourishments for delivery at the following times (approximate):

9:30 a.m.	Delivers 10 AM snack to patients
1:30 p.m.	Delivers 2 PM snacks to patients
4:30 p.m.	Delivers HS snacks to Patient Unit Refrigerators during standard dinner meal service.
 - b. Cover and date all nourishments and label them with the patient’s name, birth date, room number, and bed number.
 - c. Deliver nourishments promptly to patient care units at specified time(s), or store them in the patient unit refrigerators for further consumption.
 - d. Discard nourishments stored in patient unit refrigerators within 24 hours of preparation.
3. Diet Clerk position prints snack tickets after verification of diet orders.

Approved by: <u>/s/ Joshua Krupinski</u> <u>5/4/22</u> Director, Food & Nutrition Date <hr/> <i>Review/Revision Completed By:</i> <i>Food & Nutrition</i>	Review/Revision Date: 6/05 6/2/2008 7/1/2011 7/1/2014 7/1/2017 4/23/2019 5/4/2022 Next Review Date: 5/1/2025
--	--